



July 2023

RETIREMENT RECREATION PROGRAMS



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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All programs are subject to change and will be posted on Recreation Boards.

Please sign up for Outings the Friday-Sunday prior to the Outing day at x117.

<p>Canada Day 1 10:15 Canada Day Party (M) 1:45 Horse Races (L) 3:30 Bola Ball (3) 6:45 Canadian Karaoke Night (L)</p>						
<p>10:30 Hour of Worship (L) 2 1:45 Wii Bowling (L)</p>	<p>Red & White Day! 3 10:15 Movement Matters with Recreation (L) 11:00 Hymn Sing (L) 1:45 Bingo (L) 3:30 Walkers Group (M) 6:45 Sing-a-long (L)</p>	<p>2:00 AIM Dance Group (L) 4 3:00 Crazy Crafters Circle with Lillian (M) 3:30 Movement Matters with Paul (L) 6:30 Outing: Concert in Dundas Driving Park 6:45 Grower's Corner (L)</p>	<p>10:15 Movement Matters with Lifemark (L) 5 11:00 Board Games: Rummikub (M) 2:00 Entertainment with Cam Woolvett (M)</p>	<p>9:30 Outing: Gage Park Greenhouse 6 1:45 Rec Tech Support 6:45 Pet Visits with Peachy</p>	<p>9:45 Movement Matters with Lifemark (L) 7 11:00 Euchre and Games (M) 1:45 Bingo (L) 3:30 Garden Strolls (L) 7:00 Entertainment with John Staley (M)</p>	<p>10:30 Fact or Fiction (M) 8 1:45 Horse Races (L) 6:30 Movie Night: Titanic (L)</p>
<p>10:30 Hour of Worship (L) 9 1:45 Wii Bowling (L)</p>	<p>10:15 Movement Matters with Lifemark (L) 10 11:00 Hymn Sing (L) 1:45 Bingo (L) 3:30 Garden Strolls (L) 6:45 Canadian Trivia (M)</p>	<p>1:30 Ice Cream Truck 11 1:45 Card Games: Skip-Bo (M) 3:00 Crazy Crafters Circle with Lillian (M) 6:45 Grower's Corner (L)</p>	<p>10:15 Movement Matters with Lifemark (L) 12 10:30 Outing: Niagara Safari & Picnic Lunch 11:00 Glamour Circle 1:45 Entertainment with Bob Reid (M)</p>	<p>9:30 Outing: Shoppers Drug Mart 13 6:45 Fact or Fiction Trivia (M)</p>	<p>9:45 Movement Matters with Lifemark (L) 14 1:45 Bingo (L) 3:30 Walker's Group (M) 7:00 Pub Night with Aidan Purnell (M)</p>	<p>10:30 Card Making (M) 15 1:45 Horse Races (L) 3:30 Chocolate Bar Bingo (3) 6:45 Chicken Soup for the Soul Short Stories (M)</p>
<p>10:30 Hour of Worship (L) 16 1:45 Wii Bowling (L)</p>	<p>10:15 Movement Matters with Lifemark (L) 17 11:00 Hymn Sing (L) 1:45 Bingo (L) 6:45 Card Games Night (M)</p>	<p>1:45 Card Games: UNO (M) 18 3:00 Crazy Crafters Circle with Lillian (M) 6:30 Outing: Concert in Dundas Driving Park 6:45 Grower's Corner (L)</p>	<p>Beach Day 19 10:15 Movement Matters with Lifemark (L) 11:00 Board Games: Scrabble (M) 1:45 Beach Day Party with Paula French (M)</p>	<p>9:30 Outing: Dollar Tree 20 1:45 Rec Tech Support 6:45 Karaoke Night (L)</p>	<p>9:45 Movement Matters with Lifemark (L) 21 11:00 Euchre and Games (M) 12:00 Outdoor BBQ Lunch (L) 1:45 Bingo (L) 3:30 Garden Strolls (L)</p>	<p>10:30 Pet Visits with Peachy 22 1:45 Horse Races (L) 6:45 Drinks on the Patio (L)</p>
<p>10:30 Hour of Worship (L) 23 1:45 Wii Bowling (L)</p>	<p>10:15 Movement Matters with Lifemark (L) 24 11:00 Hymn Sing (L) 1:45 Bingo (L) 3:30 Garden Strolls (L) 6:45 Sing-a-long (L)</p>	<p>2:00 AIM Dance Group (L) 25 3:00 Crazy Crafters Circle with Lillian (M) 3:30 Movement Matters with Paul (L) 6:45 Grower's Corner (L)</p>	<p>10:15 Movement Matters with Lifemark (L) 26 11:00 Glamour Circle 11:00 Outing: Burloak Park Picnic Lunch 1:45 Entertainment with Vili V (M)</p>	<p>9:30 Outing: Value Village 27 6:45 Travelogue: Australia (L)</p>	<p>9:45 Movement Matters with Lifemark (L) 28 1:45 Bingo (L) 3:30 Walker's Group (M) 6:45 Montessori Programs (3)</p>	<p>1:45 Horse Races (L) 29 3:30 Crazy Bingo (L) 6:30 Movie Night: Pirates of the Caribbean (L)</p>
<p>10:30 Hour of Worship (L) 30 1:45 Wii Bowling (L)</p>	<p>10:15 Movement Matters with Lifemark (L) 31 11:00 Hymn Sing (L) 1:45 Bingo (L) 3:30 Walkers Group (M) 6:45 Wine Tasting (L)</p>	<p>Reminder: There is no Resident Council & Food Committee planned for this month. See you in September!</p>				

L - Lower Level Activity Area/Patio

M - Main Lobby

3 - 3rd Floor Dining Room