



August 2023

FIRST FLOOR RECREATION PROGRAMS



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00 Exercise Group 1 11:00 Views of the Day 2:00 Creative Arts 2:30 AIM Dance 7:00 Name that Tune	10:00 Exercise Group 2 11:00 Finishing Lines/Lyrics 2:00 Montessori Programs 2:00 Afternoon Entertainment with Paula French 6:00 Friendly/ Multisensory Visits 7:00 Spiritual Sessions with Meldy	10:00 Exercise Group 3 11:00 Hymn Sing 11:00 Bazaar Craft with Leanne 2:00 Chocolate Bar Bingo 2:00 Travelling Library Cart 6:00 Sing-A-Long	10:00 Exercise Group 4 2:00 Community Outing Crazy Cravings Ice Cream 2:00 Reading Group 6:00 Friendly/ Multisensory Visits 7:00 Wine Tasting	11:00 Bocce Ball 5 2:00 Garden Strolls 6:00 Inspiration and Gratitude Circle
10:00 Hymn Sing 6 2:00 Garden Strolls	10:00 Exercise Group 7 11:00 Rosary 2:00 Chicken Soup for the Soul & Discussion 2:00 Men's Group 6:00 Hangman	10:00 Exercise Group 8 10:00 Community Outing Giant Tiger 2:00 Resident Council 2:00 Friendly Visits 3:00 Views of the Day 7:00 Inspiration and Gratitude Circle	Floral Day 9 10:00 Exercise Group 11:00 Guided Meditation 2:00 Birthday Party with Vili V 3:00 Creative Arts 6:00 Cards & Games Night	10:00 Exercise Group 10 11:00 Hymn Sing 2:00 Travelling Library Cart 2:00 Prize Bingo 7:00 Sing-A-Long	10:00 Exercise Group 11 11:00 Bible Study 2:00 Tuck Cart 2:00 Reading Group 6:00 Movie Night "August Rush" 7:00 Glamour Circle	10:15 TV Show: "I Love Lucy" 12 11:30 Community Outing Picnic Lunch 7:00 Prayer Circle
10:00 Hymn Sing 13 2:00 Garden Strolls	10:00 Exercise Group 14 11:00 Rosary 2:00 Bazaar Craft 7:00 Hangman	10:00 Exercise Group 15 11:00 Views of the Day 2:00 Memorial Service 3:00 Friendly Visits 6:00 Name that Tune	10:00 Exercise Group 16 11:00 Friendly/ Multisensory Visits 11:30 Community Outing Lunch at Hutch's 2:00 Creative Arts 7:00 Cards & Games Night	Cruise Day 17 10:00 Exercise Group 11:00 Virtual Tours: The Caribbean 2:00 Cruise to Cuba Comedy Show 6:00 Finishing Lines/Lyrics	10:00 Exercise Group 18 2:00 Chocolate Bar Bingo 2:00 Tuck Cart 7:00 Pub Night (1st Floor) with Aidan Purnell	11:00 Fun and Fitness 19 2:00 Garden Strolls 7:00 Inspiration and Gratitude Circle
10:00 Sunday Service 20 2:00 Garden Strolls	10:00 Exercise Group 21 11:00 Rosary 2:00 Chicken Soup for the Soul & Discussion 2:00 Bazaar Prep 6:00 Hangman	10:00 Exercise Group 22 11:00 Views of the Day 2:00 Friendly Visits 2:00 Community Outing Frosties at Wendy's 3:00 Creative Arts 7:00 Prayer Circle	10:00 Exercise Group 23 11:00 Inspiration and Gratitude Circle 2:00 Afternoon Entertainment with Bob Reid 2:00 Creative Arts 6:00 Cards & Games Night	10:00 Exercise Group 24 12:00 BBQ - Outdoors 3:00 Travelling Library Cart 3:00 Hymn Sing 7:00 Prize Bingo	Peach Day 25 10:00 Exercise Group 11:00 Reading Group 2:00 Peach Social 3:00 Friendly/ Multisensory Visits 6:00 Movie Night "Dirty Dancing" 7:00 Glamour Circle	10:00 Bocce Ball Match 26 2:00 Garden Strolls 6:00 Comedy Hour
10:00 Movie: "Forrest Gump" 27 11:30 Community Outing Picnic Lunch 2:00 Garden Strolls	10:00 Exercise Group 28 11:00 Rosary 2:00 Creative Arts 6:00 Hangman	10:00 Exercise Group 29 11:00 Views of the Day 2:00 Friendly Visits 2:00 Ladies Group 2:30 AIM Dance 3:00 Inspiration and Gratitude Circle 7:00 Name that Tune	10:00 Catholic Mass 30 11:00 Exercise Group 2:00 Chocolate Bar Bingo 2:00 Ice Cream Making 6:30 Spiritual Sessions with Mountain Ministries	10:00 Exercise Group 31 12:00 Mexican Meal Club 2:00 Travelling Library Cart 2:00 Hymn Sing 6:00 Finishing Lines/Lyrics	All Programs are subject to change and will be posted on Recreation Boards. Please sign up for Outings at Ext. 112.	