



# August 2023

## RETIREMENT RECREATION PROGRAMS



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Notice: There will be a <b>Special Resident's Council</b> on <b>August 8th</b> to go over the Satisfaction Surveys.</p> <p><b>L - Lower Level    M - Main Lobby</b> <b>3 - 3rd Floor</b></p>		<p>10:15 Chair Yoga (L) <b>1</b> 1:45 AIM Dance Group (L) 3:00 Crazy Crafters Circle with Lillian (M) 6:45 Grower's Corner (L)</p>	<p>10:15 Movement Matters with Lifemark (L) <b>2</b> 11:00 Bazaar Craft: Painting Group 1:45 <b>Outing: Ice Cream at Hewitts</b> 1:45 Horse Races (L) 3:00 Friendly Visits 6:45 Self-Directed Checkers &amp; Card Games in the Tea Room</p>	<p>9:30 <b>Outing: Walmart</b> <b>3</b> 3:00 Balloon Tennis (3) 3:30 Movement Matters with Paul (L) 6:45 Chicken Soup for the Soul Short Stories</p>	<p>9:45 Movement Matters with Lifemark (L) <b>4</b> 1:45 Bingo (L) 7:00 <b>Entertainment with Zack Erikson</b></p>	<p>10:30 Walker's Group (M) <b>5</b> 1:45 Shuffleboard 6:45 Jigsaw Puzzles with Lillian</p>	
	<p>10:30 Hour of Worship (L) <b>6</b> 10:45 3rd Floor Hymn Sing 1:45 Wii Bowling (L)</p>	<p>10:15 Movement Matters with Lifemark (L) <b>7</b> 11:00 Hymn Sing (L) 1:45 Bingo (L) 6:45 Pet Visits with Peachy</p>	<p><u>10:00 Special Resident Council</u> <b>8</b> 1:45 <b>Outing: Grandad's Donuts &amp; Coffee at Bayfront Park</b> 1:45 Card Games: Skip-Bo 3:00 Crazy Crafters Circle with Lillian (M) 6:45 Grower's Corner (L)</p>	<p>10:15 Movement Matters with Lifemark (L) <b>9</b> 11:00 Glamour Circle 1:45 <b>Birthday Party with Aidan Purnell</b> 3:00 Friendly Visits 6:45 Self-Directed Checkers &amp; Card Games in the Tea Room</p>	<p>10:30 <b>Outing: Bayfront Trolley Ride &amp; Lunch</b> <b>10</b> 1:45 Movie: Breakfast at Tiffany's 3:30 Movement Matters with Paul (L) 6:45 Drinks on the Patio</p>	<p>9:45 Movement Matters with Lifemark (L) <b>11</b> 1:45 Bingo (L) 6:45 Mini-Putt Outdoors</p>	<p>10:30 Fun With Words (M) <b>12</b> 1:45 Horse Races (L) 6:30 Movie Night &amp; Popcorn: Singing in the Rain</p>
	<p>10:30 Hour of Worship (L) <b>13</b> 10:45 3rd Floor Hymn Sing 1:45 Wii Bowling (L)</p>	<p>10:15 Movement Matters with Lifemark (L) <b>14</b> 11:00 Hymn Sing (L) 1:45 Bingo (L) 6:45 Sing-a-long (L)</p>	<p>10:00 <b>Cyndy Boutique Vendor</b> <b>15</b> 10:15 Chair Yoga (L) 1:45 Bazaar Craft: Barrettes (M) 3:00 Crazy Crafters Circle with Lillian (M) 6:45 Grower's Corner (L)</p>	<p>10:15 Movement Matters with Lifemark (L) <b>16</b> 11:00 Board Games: Scrabble 1:45 <b>Outing: Dollar Tree</b> 2:00 <b>Entertainment with Northern Lights</b> 3:00 Friendly Visits 6:45 Self-Directed Checkers &amp; Card Games in the Tea Room</p>	<p><b>Cruise Day</b> <b>17</b> 9:45 Virtual Travel to the Carribean 12:00 <b>BBQ Lunch</b> 2:00 <b>Comedy Show: Cruise to Cuba</b> 3:30 Movement Matters with Paul (L) 6:30 Movie Night: Out at Sea (L)</p>	<p>9:45 Movement Matters with Lifemark (L) <b>18</b> 10:00 <b>Outing: Golf Tournament</b> 1:45 Bingo (L) 7:00 <b>Pub Night with Vili V</b></p>	<p>10:30 Horse Races (L) <b>19</b> 1:45 <b>Men's Group</b> 6:45 Bazaar Prep: Knitting Kits</p>
	<p>10:30 Hour of Worship (L) <b>20</b> 10:45 3rd Floor Hymn Sing 1:30 <b>Outing: High Tea at the Duchess Tea Room</b> 1:45 Wii Bowling (L)</p>	<p>10:15 Movement Matters with Lifemark (L) <b>21</b> 11:00 Hymn Sing (L) 1:45 Bingo (L) 6:45 Teas of the World</p>	<p>10:15 Chair Yoga (L) <b>22</b> 1:45 AIM Dance Group (L) 3:00 Crazy Crafters Circle with Lillian (M) 6:45 Grower's Corner (L)</p>	<p>10:15 Movement Matters with Lifemark (L) <b>23</b> 11:00 Peach Social Prep 1:45 <b>Entertainment with Cam Woolvett</b> 3:00 Friendly Visits 6:45 Self-Directed Checkers &amp; Card Games in the Tea Room</p>	<p>9:30 <b>Outing: Mary Maxim Tent Sale</b> <b>24</b> 1:45 Movie: Pirates of the Carribean 3:30 Movement Matters with Paul (L) 6:45 Travelogue: Portugal</p>	<p>9:45 Movement Matters with Lifemark (L) <b>25</b> 1:45 Bingo (L) 7:00 <b>Peach Social with Paula French</b></p>	<p>10:30 Bazaar Craft: Card Making <b>26</b> 1:45 Horse Races (L) 6:45 <b>Ladies Night on the Patio</b></p>
	<p>10:30 Hour of Worship (L) <b>27</b> 10:45 3rd Floor Hymn Sing 1:45 Wii Bowling (L)</p>	<p>10:15 Movement Matters with Lifemark (L) <b>28</b> 11:00 Hymn Sing (L) 1:45 Bingo (L) 6:45 <b>Wine Tasting</b></p>	<p>10:15 Chair Yoga (L) <b>29</b> 1:45 AIM Dance Group (L) 3:00 Crazy Crafters Circle with Lillian (M) 6:45 Grower's Corner (L)</p>	<p>10:15 Movement Matters with Lifemark (L) <b>30</b> 11:00 Bazaar Craft: Painting Group 2:00 <b>Banana Split Social</b> 3:00 Friendly Visits 6:45 Self-Directed Checkers &amp; Card Games in the Tea Room</p>	<p>9:30 <b>Outing: Shoppers Drug Mart</b> <b>31</b> 3:00 Shoot-To-Win (3) 3:30 Movement Matters with Paul (L) 6:45 News &amp; Current Events</p>	<p><b>All Programs are subject to change and will be posted on Recreation Boards.</b></p> <p><b>Please sign up for Outings the Friday-Sunday prior at Ext. 117.</b></p>	