

SPRING WORDSEARCH

M A R C H R A R E D W W L S I
M B L Z D C A L F X F P A E D
T E U I P G F I N V Z J D W G
F U A N N I O C N X J Q Y G S
N L U D N I A A L B B C B D H
E G O Y O Y L Q D O O T U U O
S X F W L W F R D Q V W G F W
T T L D E A S T E R C E G K E
S T Z A P R I L V J B S R B R
R N U P Y J S P G L U H P S S
C O L O R F U L I J Z X I G J
J H W X K J M A Y L Z X G N K
T K K Y U L A M B V I O L D O
C U C U C H I C K B N T E G G
H X M T P L T Y E V G J T X T

WORD LIST

APRIL	CLOVER	FOAL	MEADOW
BUNNY	COLORFUL	LADYBUG	NEST
BUZZING	EASTER	LAMB	PIGLET
CALF	EGG	MARCH	RAINBOW
CHICK	FLOWERS	MAY	SHOWERS

NEWSLETTER

April 2024

APRIL SHOWERS Bring MAY FLOWERS

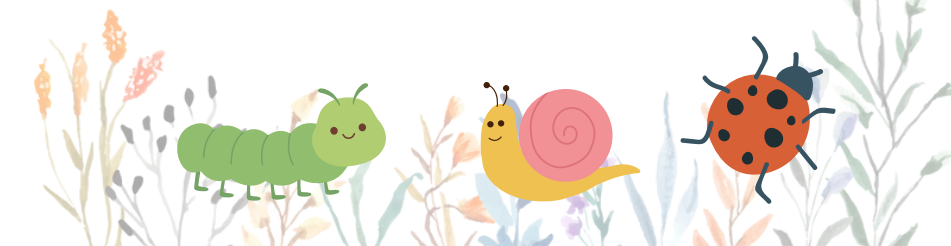
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Spring is Here



Spring is here,
 In the air,
 You can smell it coming,
 On the trees,
 Leaves are green,
 Caterpillars sunning.
 Birds are back,
 Grass is out,
 Busy bees are humming,
 On the trees,
 Leaves are green,
 Caterpillars sunning.



April Wacky Wordies



	1	2	3
A	POPPD	iRIGHTi	NNNN NME
B	COKEVSTNER	TEK POC	SEXESWARSEXES
C	EGGS EE E	:POWELL	WITTED
D	ni4ni	LOV	"EA ^R T _{BE} A ^T

March's Wacky Answers

	1	2	3
A	Slightly Overcast	Four Seasons	The Shortest Distance Between 2 Points
B	For Once in My Life	Split Decision	Low Self Esteem
C	Little House on the Prairie	See You in Court	Lois Lane
D	When in Rome	Capital Punishment	Corner Stone

Colour Me!

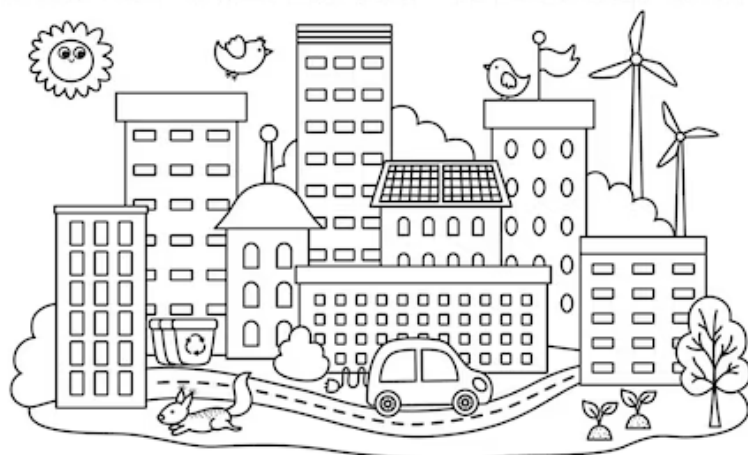


Happy BIRTHDAY

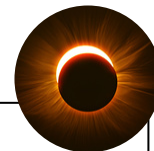


April 2 - Velma R.
 April 9 - Ron T.
 April 14 - Rose L.
 April 14 - Gerda V.
 April 26 - Giovanna P.
 April 29 - Helen R.

Spot 10 Differences



TOTAL ECLIPSE



April 8, 2024

- A total eclipse is the event in which the Moon passes in between the Sun and Earth, completely blocking the face of the sun.
- On April 8 2024, a **total solar eclipse** will darken the sky covering some sections of North America (Mexico, United States, and Canada).
- Look away from the eclipse!** It is especially important that safety precautions are made before solar viewing, specialized eye protection must be worn to avoid permanent eye damage.

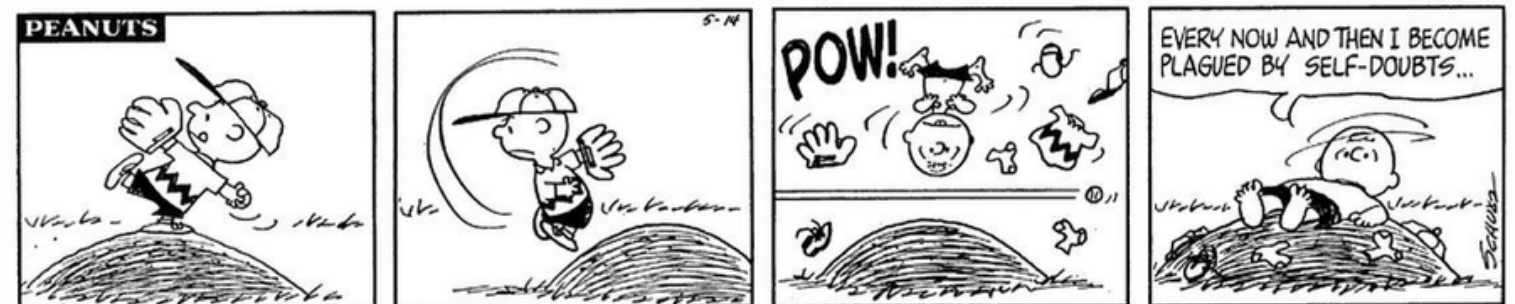
April Fool's Day

April Fool's Day all started back in 1582, when there was a shift from the Julian calendar to the Gregorian calendar. Before in the Julian Calendar the year would begin with the spring equinox around April 1st. It became a funny joke when people were slow to get the news for the new start of the year and still celebrated on April 1st.

April Humour



HA HA HA!





Welcome to the Wellington

Inez C, Teresa D, Ronald G, Maggi A, Flora R, Hettie K, Norm K.

Resident Council



Resident Council & Food Committee

Any questions or concerns? Want to know what's going on in the building? Want to give your feedback? Please come attend the Resident Council meeting!

Next Resident Council meeting is Tuesday April 16th at 10:00am



Infection Control

9 cases of Measles have been reported in Ontario this year, including one case here in Hamilton. Given the increased travel over March break, Public Health is urging everyone to be vigilant for Measles in anticipation of more cases. **Fast Facts:** Measles is airborne, extremely contagious, and has no treatment. It generally presents as flu-like symptoms 1-2 weeks after infection, followed by a rash 2-5 days later. If one person has measles, 9 out of 10 people around that person will also become infected if they are not protected. **Measles Symptoms:** High Fever (up to 104°F/40°C), Runny Nose, Cough, Red/Watery Eyes, Measles Rash. **Prevention:** The best protection against Measles is vaccination with 2 doses of the MMR vaccine (Measles, Mumps & Rubella). To check if you are immune, your doctor can order a blood test. Healthcare workers with a negative blood test are eligible for a booster dose.

In Memoriam



Betty C



A note from our Resident Council President

As I write this the wind is blowing and the rain is sideways, but on the good side we are into April! Summer and warm weather is closer. Sadly we lost Betty C who moved next door. Our bed bug friends are back in two rooms. The dog will be in this month to check all rooms again on both sides as I understand, common areas checked last week. The Easter Egg Hunt event went well thanks to all that helped out. Also we are looking for suggestions of what pet we should get for the first floor at a later date. Also lower level patio is open daily from 9am to 9pm weather permitting.

There is NO SMOKING OUT THERE. SEE SIGNS ON DOORS.

Remember that in June meeting president will be elected for next term, so if you want to put a name forward let the Recreation department know.

All for now,
Paul Freeman, President

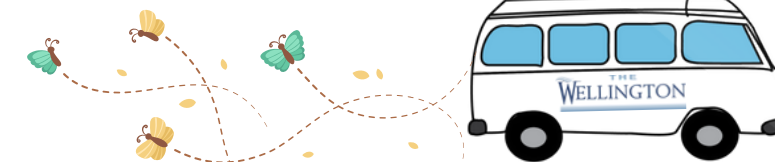
Recreation Updates



This Month's Outings

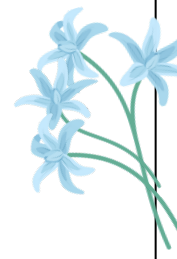
April 3rd - Terra Greenhouse	April 4th - Walmart
April 10th - Dundas Museum	April 11th - Dollar Tree
April 17th - Giant Tiger	April 18th - Shopper's Drug Mart
April 24th - Spring Scenic Drive	April 25th - Casino & Lunch

Sign up with Recreation at ext. 117



Special Events & Spirit Days

April 3 - Read My Shirt Day
April 5 - Pub Night with Paula French
April 8 - Solar Eclipse Viewing
April 11 - Animal Print Day & Little Track's Petting Zoo
April 12 - Evening Entertainment w/ Zack Erickson
April 15 - Birthday Party w/ Cam Woolvett
April 19 - Pub Night w/ Vili V
April 22 - Green & Blue Day & Spring Plant Sale
April 25 - 90's Day
April 26 - Evening Entertainment w/ Bob Reid
April 29 - Wine Tasting- Sign up!



Program Updates

NEW Knitter's Corner - join us for a knitting and crochet group Sunday April 13th & Sunday April 27th in the Main Lobby

NEW Movement Matters with VON - VON will be taking over the Lifemark Exercise classes beginning April 2nd. New days and time: Mondays, Tuesdays & Fridays at 10:45 am

Cornerstone Church Service - Sunday March 7th & Sunday March 21st at 7:00pm in the Main Lobby

Meal Club - Italian Dinner from Valentino's on March 18th at 5:00 pm in the Main Lobby. Sign up with Recreation at ext.

117



Tuck Shop Hours

Mondays 12:30-1:15
Wednesdays 11:30-12:30
Fridays 11:15-12:00

Earth Day Crossword



Across

2. We should put this in the bin
4. To use again
6. Trash
7. Earth Day falls in this month
8. Pollution is bad for the _____
10. Decayed organic material used as fertilizer
13. Decomposable
14. Polluted air
15. Surroundings
16. People are worried about how much of this in our oceans
17. A clear healthy liquid we drink

Down

1. To use less
3. Management of natural resources
5. Large body of water
8. A branch of natural science
9. A thick growth of trees
11. Large plants with trunks
12. We breathe this

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