

November 2024

Retirement Recreation Calendar

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



10-3 Sign Up Day at Front Desk (M)
 10:45 Movement Matters with VON (L)
 1:45 Bingo (L)
 3:30 Walker's Group (M)
6:45 Entertainment with Paula French (M)

10:00 Group Crossword Puzzles (L)
 11:00 3rd Floor Shoot-to-Win Basketball (3)
 1:45 Horse Races (L)
 3:00 Knitter's Corner (M)

L - Lower Level

M - Main Lobby

3 - 3rd Floor Dining Room

10:30 Hour of Worship (L) **3**
 10:45 Christmas Card Making with Lillian (M)
 1:45 Wii Bowling (L)
 3:00 3rd Floor Hymn Sing (3)

10:00 Hymn Sing (L) **4**
 10:45 Movement Matters with VON (L)
 1:45 Bingo (L)
 3:30 3rd Floor Java Time (3)

10:45 Movement Matters with VON (L) **5**
 2:00 Crazy Crafters Circle with Jane (M)
 3:30 Java Music Club (L)
 6:00 3rd Floor Movie: Lullaby of Broadway with Doris Day (3)
6:45 Happy Hour (M)

10:00 Life Writing with Michael Williams (L) **6**
 10:30 Virtual Cycling Exercises (L)
11:00 Outing: Fish & Chips Lunch in Port Dover
 3:00 Friendly Visits

9:45 Outing: Value Village **7**
 3:00 Bazaar Craft (L)
 3:00 3rd Floor Chocolate Bar Bingo (3)
 6:45 Chicken Soup for the Soul Short Stories (M)

Flannel Day! **8**
 10:45 Movement Matters with VON (L)
 1:45 Bingo (L)
 3:30 Walker's Group (M)
6:45 Entertainment with Aidan Purnell (M)

10:00 Fun With Words (M) **9**
 11:00 3rd Floor Sing-a-Long (3)
 1:45 Horse Races (L)
 3:00 Knitter's Corner (M)

10:30 Hour of Worship (L) **10**
 11:00 Walker's Group (M)
 1:45 Wii Bowling (L)
 3:00 3rd Floor Hymn Sing (3)
6:45 Cornerstone Church Service (M)

Red & Black Day! **11**
10:30 Remembrance Day Ceremony (M)
 1:45 Bingo (L)
 3:30 3rd Floor Java Time (3)

10:45 Movement Matters with VON (L) **12**
2:00 Christmas Decorating in the Lobby!
 6:00 3rd Floor Movie: The Curious Case of Benjamin Button (3)
 6:45 Travelogue: Australia (L)

10:00 3rd Floor Balloon Badminton (3) **13**
10:00 Life Writing with Michael Williams (L)
1:45 Outing: The Watering Can Flower Market
 3:00 Friendly Visits

10:30 Java Music Club (L) **14**
 2:00 3rd Floor Chocolate Bar Bingo (3)
 3:30 Shoot-to-Win Basketball (L)

10:45 Movement Matters with VON (L) **15**
 1:45 Bingo (L)
 3:30 Walker's Group (M)
5:00 Meal Club: Chinese Food (M)

10:00 New York Times Games (L) **16**
 11:00 3rd Floor Balloon Badminton (3)
 1:45 Horse Races (L)
 3:00 Knitter's Corner (M)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:30 Hour of Worship (L) 17</p> <p>10:45 Christmas Card Making with Lillian (M)</p> <p>1:45 Bingo (L)</p> <p>3:30 3rd Floor Montessori Programs (3)</p>	<p>10:45 Movement Matters with VON (L) 18</p> <p>1:45 Wii Bowling with Paul (L)</p>	<p>10:45 Movement Matters with VON (L) 19</p> <p>2:00 3rd Floor Chocolate Bar Bingo (3)</p> <p>3:30 Virtual Cycling Exercises (L)</p> <p>6:00 3rd Floor Movie: Secretariat with Diane Lane (3)</p> <p>6:30 Christmas Decorating on Lower Level!</p>	<p>10:00 3rd Floor Word Games (3) 20</p> <p>10:30 Java Music Club (L)</p> <p>1:30 Outing: Abigail's Tea House</p> <p>3:00 Friendly Visits</p>	<p>10:00 Resident Council Meeting (L) 21</p> <p>10:30 3rd Floor Fun & Fitness (3)</p> <p>1:30 Outing: Shoppers Drug Mart</p> <p>1:45 Storytelling Circle with Anita & Michael (M)</p> <p>2:00 3rd Floor Creative Arts (3)</p> <p>3:00 Sing-a-long (L)</p> <p>6:45 News & Views: Current Events (M)</p>	<p>10:45 Movement Matters with VON (L) 22</p> <p>1:45 Bingo (L)</p> <p>3:30 Walker's Group (M)</p> <p>6:30 Movie: Grumpier Old Men (L)</p>	<p>Christmas Sweater Day! 23</p> <p>10:00 The Wellington's Annual Christmas Bazaar</p> 
<p>10:30 Hour of Worship (L) 24</p> <p>11:00 Walker's Group (M)</p> <p>1:45 Wii Bowling (L)</p> <p>3:00 3rd Floor Hymn Sing (3)</p> <p>6:45 Cornerstone Church Service (M)</p>	<p>10:00 Hymn Sing (L) 25</p> <p>10:45 Movement Matters with VON (L)</p> <p>1:45 Birthday Party with Cam Woolvett (M)</p> <p>3:30 3rd Floor Java Time (3)</p>	<p>10:45 Movement Matters with VON (L) 26</p> <p>1:45 Bingo (L)</p> <p>3:30 Virtual Cycling Exercises (L)</p> <p>6:00 3rd Floor Movie: Mrs. Harris Goes to Paris (3)</p> <p>6:45 Sing-a-long (L)</p>	<p>10:00 Catholic Mass 27 (1st Floor NH Lounge)</p> <p>10:00 3rd Floor Ball Toss (3)</p> <p>10:00 Life Writing with Michael Williams (L)</p> <p>1:45 Outing: Walmart</p> <p>3:00 Friendly Visits</p>	<p>10:30 Java Music Club (L) 28</p> <p>10:30 Outing: Casino & Lunch</p> <p>1:45 Board Games: Scrabble (M)</p> <p>3:00 3rd Floor Montessori Programs (3)</p>	<p>Sweater Weather Day! 29</p> <p>10:45 Movement Matters with VON (L)</p> <p>1:45 Bingo (L)</p> <p>3:30 Walker's Group (M)</p> <p>6:45 Pub Night with Manvir Rai (M)</p>	<p>10:00 Fun With Words (M) 30</p> <p>11:00 3rd Floor Fun & Fitness (3)</p> <p>1:45 Horse Races (L)</p> <p>3:00 Knitter's Corner (M)</p>

Please sign up for Outing and Meal Club at Reception on November 1st from 10am to 3pm. If you cannot make it, please call Recreation at x117 to sign up. Thank you.

All Programs are subject to change and will be posted on the Recreation Boards.

L - Lower Level

M - Main Lobby

3 - 3rd Floor Dining Room

