




January 2025

NH First Floor Recreation Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>11:00 Exercise Group 1 2:00 Creative Arts 3:00 Friendly Visits 15 minutes</p>	<p>10:00 Java Time 2 10:00 1:1 Restorative Fitness with Meldy 2:00 Chocolate Bar Bingo 2:00 Travelling Library Cart 6:00 Inspiration and Gratitude Circle</p>	<p>11:00 Reading Group 3 2:00 Community Outing: Scenic Drive 2:00 Montessori Programs 3:00 Friendly Visits 7:00 Sing-A-Long</p>	<p>10:00 Prayer Circle 4 2:00 Washer Toss 7:00 Group Crossword Puzzle</p>
<p>10:00 Hymn Sing 5 2:00 Floor Curling 7:00 Karaoke Night</p>	<p>10:00 Rosary 6 2:00 Fun & Fitness 3:00 Friendly/Multisensory Visits 6:00 Hangman</p>	<p>Silver & Gold Day! 7 10:00 1:1 Restorative Fitness with Meldy 11:00 Views of the Day 12:00 Community Outing: Lunch at Denninger's 2:00 Friendly Visits 2:00 Dancing Feet 7:00 Finishing Lines/Lyrics</p>	<p>Rock & Roll Day! 8 11:00 Exercise Group 2:00 Elvis Birthday Party with Vili V 6:00 Cards & Games Night</p>	<p>10:00 1:1 Restorative Fitness with Meldy 9 2:00 Prize Bingo 2:00 Travelling Library Cart 6:00 Guided Meditation</p>	<p>10:00 Community Outing: Scenic Drive 10 10:00 Java Music Club 2:00 Tuck Cart 2:00 Montessori Programs 3:00 Christmas Decoration Takedown 7:00 Sing-A-Long</p>	<p>10:00 Prayer Circle 11 2:00 Balloon Volleyball 7:00 Men's Group: John Denver Live Concert & Pub Night</p>
<p>10:00 Hymn Sing 12 2:00 Axe Throwing 7:00 Hangman</p>	<p>February Outings Sign-Up Day with Irene 13 Meal Club Sign-Up Day 10:00 Rosary 2:00 Fun & Fitness 3:00 Friendly/Multisensory Visits 6:00 Finishing Lines/Lyrics</p>	<p>10:00 Friendly Visits 15 minutes 14 10:15 Resident Council 2:00 Community Outing: PetSmart 2:00 Dancing Feet 6:00 Name that Tune</p>	<p>11:00 Exercise Group 15 2:00 Cooking Club: Recipe Planning with Ashleigh 2:00 Baking with Laura 2:30 Creative Arts 6:00 Men's Group: Cards Night</p>	<p>10:00 Java Time 16 10:00 1:1 Restorative Fitness with Meldy 2:00 Chocolate Bar Bingo 2:00 Travelling Library Cart 6:00 Inspiration and Gratitude Circle</p>	<p>Read my Shirt Day! 17 11:00 Reading Group 2:00 Community Outing: Scenic Drive 2:00 Montessori Programs 3:00 Friendly Visits 7:00 Pub Night with Aiden Purnell</p>	<p>10:00 Prayer Circle 18 2:00 Floor Curling 7:00 Group Crossword Puzzle</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Hymn Sing 19 2:00 Bocce Ball 7:00 Dancing Feet	10:00 Rosary 20 2:00 Fun & Fitness 3:30 Cooking Club with Ashleigh 7:00 Name that Tune	10:00 1:1 Restorative Fitness with Meldy 21 10:00 Men's Group: Coffee And Conversation 10:30 Community Outing: Shopping at Walmart 1:00 Staff Education 3:00 Decorate for Chinese New Year 3:00 Friendly Visits 15 minutes 7:00 Finishing Lines/Lyrics	10:00 Catholic Mass 22 2:00 Travelling Birthday Party 3:00 Friendly/Multisensory Visits 6:00 Cards & Games Night	Tartan Plaid Day! 23 11:00 Chicken Soup for the Soul & Discussion 2:00 Prize Bingo 2:00 Travelling Library Cart 6:00 Guided Meditation	10:00 Community Outing: Scenic Drive 24 10:00 Java Music Club 2:00 Tuck Cart 2:00 Montessori Programs 3:00 Friendly Visits 7:00 Wine Tasting	10:00 Prayer Circle 25 2:00 Bocce Ball 7:00 Group Crossword Puzzle
10:00 Hymn Sing 26 1:00 Balloon Volleyball	10:00 Rosary 27 2:00 Fun & Fitness 3:00 Friendly/Multisensory Visits 6:00 Hangman	11:00 Ax Throwing: Men's Group 28 12:00 Meal Club: Chinese Food 2:00 Community Outing: Mall Walking 2:30 Divine Mercy 6:00 Name that Tune	Red & Gold Day! 29 11:00 Exercise Group 2:00 Creative Arts 3:00 Friendly Visits 15 minutes 6:30 Spiritual Sessions with Mountain Ministries	10:00 Java Time 30 10:00 1:1 Restorative Fitness with Meldy 2:00 Chocolate Bar Bingo 2:00 Travelling Library Cart 6:00 Inspiration and Gratitude Circle	10:00 Community Outing: Scenic Drive 31 11:00 Reading Group 2:00 Montessori Programs 3:00 Chinese New Year Decoration Takedown 7:00 Sing-A-Long	

All programs are subject to change and will be posted on the Recreation Boards.