

NEWSLETTER

January 2025



The Year

By Ella Wheeler Wilcox

What can be said in New Year
rhymes,
That's not been said a thousand
times?

The new years come, the old years go,
We know we dream, we dream we
know.

We rise up laughing with the light,
We lie down weeping with the night.

We hug the world until it stings,
We curse it then and sigh for wings.

We live, we love, we woo, we wed,
We wreath our brides, we sheet our
dead.

We laugh, we weep, we hope, we
fear,
And that's the burden of the year.

New Year's Eve Word Search

E	M	F	Y	M	U	S	I	C	U	I	F	S	N
I	A	N	I	I	A	I	E	Y	S	O	E	E	O
A	I	E	O	R	I	D	O	A	I	C	S	G	I
E	T	W	C	T	E	E	G	S	T	T	T	N	T
S	T	Y	M	E	D	C	H	A	H	M	I	I	C
R	E	E	A	U	L	O	R	G	O	N	V	C	E
E	F	A	S	W	L	E	I	A	A	U	I	N	L
M	N	R	K	I	N	N	B	E	C	H	T	A	F
A	O	M	D	I	D	E	T	R	C	K	I	D	E
E	C	A	O	I	T	H	H	C	A	A	E	I	R
R	Y	R	M	S	R	E	E	H	C	T	S	R	E
T	A	N	W	O	D	T	N	U	O	C	E	S	E
S	F	W	O	I	Y	T	R	A	P	O	E	B	E
E	I	R	B	A	L	L	O	O	N	S	T	N	S

FIRECRACKER
CHEERS
DANCING
STREAMERS
CONFETTI
REFLECTION
CELEBRATE
MIDNIGHT
BALLOONS
COUNTDOWN
MUSIC
NEW YEAR
HOLIDAY
PARTY
MASK
FESTIVITIES



What's Inside:

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Alfred Hill & Tony Jacusiw

Sigrid Sassman

Resident of the Month

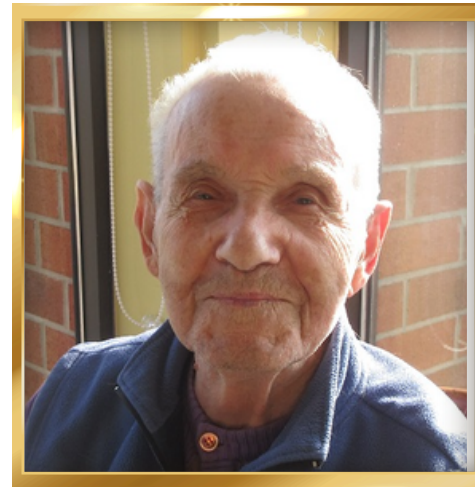
FIRST FLOOR



Vera Fleming

Agnes is a very friendly lady but prefers to be left alone in her room but enjoys the visit from the recreation staff. She enjoys travelling party carts where the staff will serve the goodies and dance around with the resident which Agnes enjoys so much. She actively participates in one/one exercise and a good conversation whenever the visit occurs. She mostly sits in her room watching tv and waiting for the family to visit or enjoys looking out the window of her room. Let's congratulate Agnes as a resident of the month for January 2025.

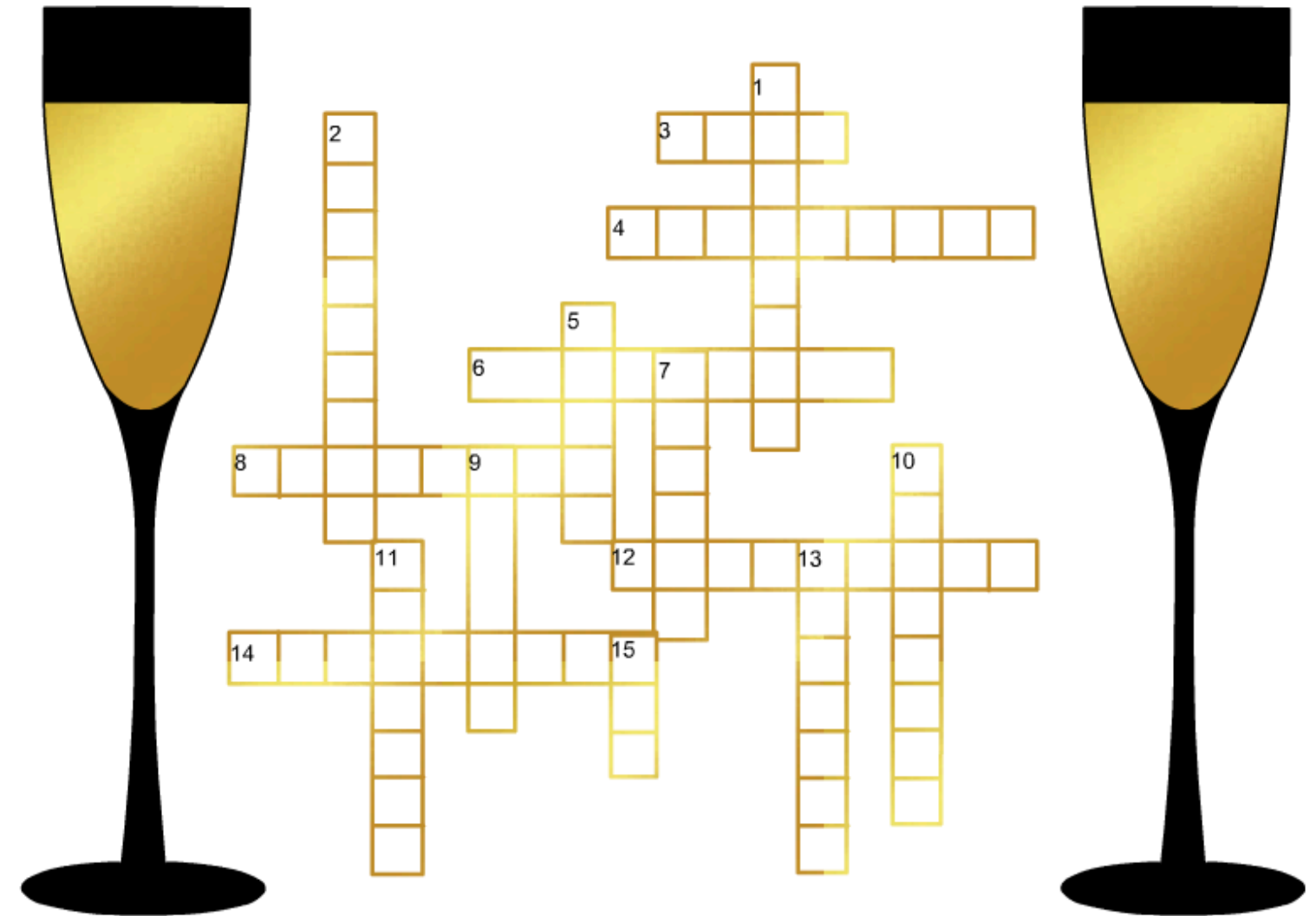
SECOND FLOOR



Ignjatija Beric

Ignjatija is a very friendly man and enjoyed being around with other residents. He participates in programs such as entertainment, bingo groups, travelling cart events/tuck carts, and restorative fitness groups where he helped himself to be active in physical programs. He enjoys listening to music and watching tv in his spare time and still able to attend other programs if interested. Let's congratulate Ignjatija as a resident of the month for January 2025.

New Year Crossword Puzzle



Down:

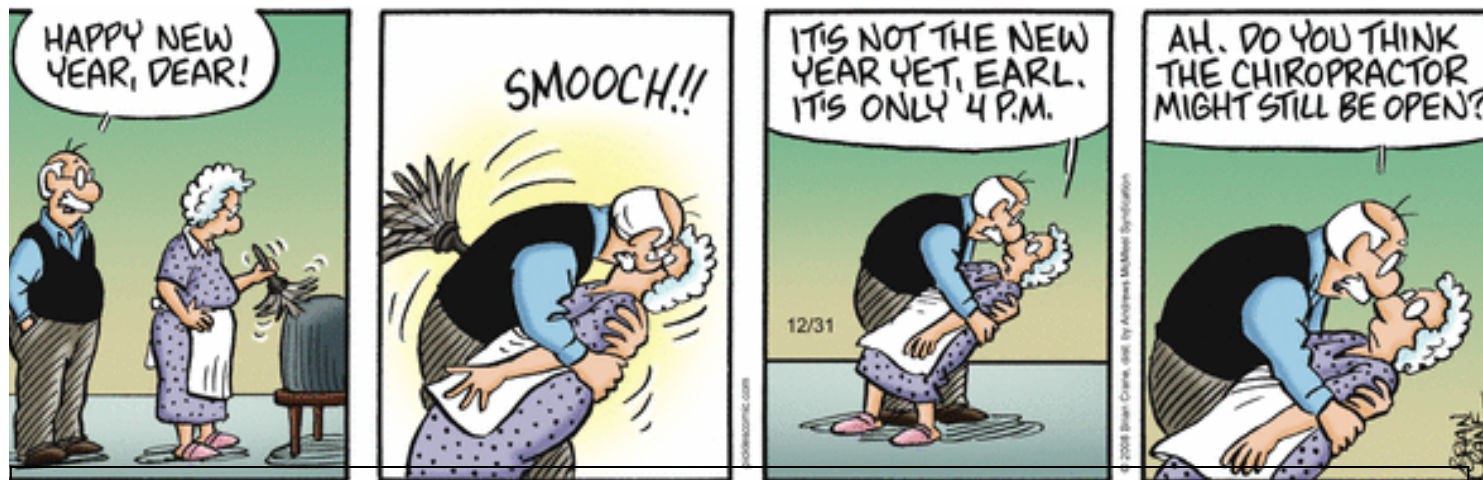
1. a chart with days weeks and months
2. a white sparkling wine
5. beautiful vocal instrumental or combined sound
7. a drinking glass with a foot and a stem
9. a man's dinner jacket.
10. a handheld firework that emits sparks.
11. the first month of the year
13. round rubber bag that is inflated with the air
12. observe and used as decoration or a toy.
14. an act of counting numerals in reverse order
15. opposite of old to zero

Across:

3. the period of 365 days
4. a device containing gunpowder and other combustible chemicals which causes spectacular effects and explosions when ignited
6. a timing device with two connected glass bulbs containing sand
8. small bits of paper usually colored
12. observe
14. an act of counting numerals in reverse order

January Crossword

January Humour



What did the little Champagne bottle call it's father?
- POP!

Not to brag but I already have a date for New Year's Eve
- December 31st

Colour Me



Spirit Days

- Jan 7th** - Silver & Gold Day!
- Jan 8th** - Rock & Roll Day!
- Jan 17th** - Read my Shirt Day!
- Jan 23rd** - Tartan Plaid Day!
- Jan 29th** - Red & Gold Day!

Special Events

- Jan 8th** - Elvis' Birthday Party with Vili V (2pm)
- Jan 15th & 20th**- Cooking Club
- Jan 17th** - Pub Night with Aidan Purnell (7pm)
- Jan 22nd**- Resident Birthday Party with Cam Woolvett (2pm)
- Jan 29th** - Meal Club- Chinese Food



January Birthdays

- Jan 3rd** - Ignjatija Beric
- Jan 12th** - Jean Livingston
- Jan 12th** - Brian Wojcziuk
- Jan 13th** - Filor Tivanian
- Jan 14th** - Rudy VanHolst
- Jan 15th** - Carmela Borrillo
- Jan 19th** - Francesco Rizzo
- Jan 27th** - Widad Kharrat



Come Celebrate!
Resident Birthday Party
January 22nd at 2:00pm

January Outings

- Jan 3rd** - Scenic Drive (2pm)
- Jan 7th** - Lunch at Denninger's (12pm)
- Jan 10th** - Scenic Drive (10am)
- Jan 14th** - PetSmart (2pm)
- Jan 17th** - Scenic Drive (2pm)
- Jan 21st** - Shopping at Walmart (2pm)
- Jan 24th** - Scenic Drive (10am)
- Jan 28th** - Mall Walking (2pm)
- Jan 31st** - Scenic Drive (10am)

Sign up with
Recreation on
Sign-up Day!



Chinese Zodiac Years

Zodiac Sign	Zodiac Year
Rat 	1924, 1936, 1948, 1960, 1972, 1984, 1996, 2008, 2020
Ox 	1925, 1937, 1949, 1961, 1973, 1985, 1997, 2009, 2021
Tiger 	1926, 1938, 1950, 1962, 1974, 1986, 1998, 2010, 2022
Rabbit 	1927, 1939, 1951, 1963, 1975, 1987, 1999, 2011, 2023
Dragon 	1928, 1940, 1952, 1964, 1976, 1988, 2000, 2012, 2024
Snake 	1929, 1941, 1953, 1965, 1977, 1989, 2001, 2013, 2025
Horse 	1930, 1942, 1954, 1966, 1978, 1990, 2002, 2014, 2026
Goat 	1931, 1943, 1955, 1967, 1979, 1991, 2003, 2015, 2027
Monkey 	1932, 1944, 1956, 1968, 1980, 1992, 2004, 2016, 2028
Rooster 	1933, 1945, 1957, 1969, 1981, 1993, 2005, 2017, 2029
Dog 	1934, 1946, 1958, 1970, 1982, 1994, 2006, 2018, 2030
Pig 	1935, 1947, 1959, 1971, 1983, 1995, 2007, 2019, 2031

Chinese New Year

Chinese New Year 2025, ruled by the Wood Snake, will be a year of introspection, renewal and growth. This period will offer opportunities to deepen relationships, advance professional goals and strengthen connection with nature.

During the Chinese New Year's celebration, people participate in many traditional activities. The Chinese believe that as they enter a new year, they should put behind them all things of the past. They clean their houses, pay off debts, purchase new clothes, paint their doors and window panes, and even get new haircuts. These activities symbolise new life and new beginnings.

Homes are decorated with flowers and paper decorations stating wishes of prosperity, good luck, happiness, good fortune, wealth, and longevity for the coming year. Decorations of the incoming zodiac animal are also displayed. Red and gold are very popular colours to decorate with. Red represents power happiness, vitality (and scares away beasts). Gold represents wealth and good fortune.

One very important tradition of the Chinese New Year is exchanging gifts. A traditional gift that is given is small red envelopes filled with "lucky money". These envelopes are given to children by their family and friends. The red colour is used to bring good fortune, and the money inside is used by the children to buy holiday treats. These envelopes symbolise the giving of good fortune.

Food is also very important to New Year's celebrations. Families and friends get together for large feasts. Before they eat, they place their food on alters and make offerings to the gods. The foods served at these feasts vary, but what is served is always a tradition for that family. According to the Chinese New Year facts, each of the food items represents a symbol of luck:

- **Bamboo shoots, egg rolls, oranges or seaweed:** wealth
- **Chicken:** happiness and marriage
- **Dried bean curd:** happiness
- **Eggs:** fertility
- **Fish served whole:** prosperity
- **Chinese garlic chives:** everlasting, a long life
- **Lychee nuts:** close family ties
- **Noodles or peanuts:** a long life
- **Seeds:** having a large number of children
- **Tangerines:** luck

