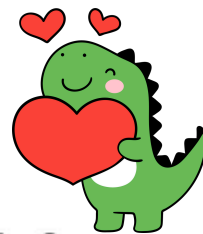


# Valentine's Word Search!



L Z O Y K I S S S F B M H Z H E F Q I R V B E C  
X X P R B C Q E X L O E C Y J T A U K C J Z E D  
Z R J A D F L E N O U N P K L A S Q N H A X R J  
Z E V U R F J C O W Q D R M J R T N A E Q C O X  
X R D R S C G O I E U E B O A O E D A R T U D R  
C I A B D O C Y T R E A F C S C E C U U B P A H  
C M R E Y O E N A S T R P A T E W T N B S I X T  
O D L F Z N Y O N Q D M H N N D S Z F A D D H M  
U A I V O Y I I R Z N E B D S I K O E I M U S O  
R H N H N D H T A I E N X Y W D P U F V G O I N  
T V G K A U U C C T I T N N E Y I N O I Y X R D  
H X Z M T W G E F R R Z Z O E D E V O L E B E R  
S S E N D N O F Z L F E N I T N E L A V E F H A  
I O Y U N U Y F I T I T U T H C K R Q T P Z C C  
P J Y J Y J L A N F G R J O E H X G A J I I I M  
X J T A P I K K E V O L T V A I E L I O X C N V  
S S E P D R B L H W Z P Z E R S O A L R N D R K  
G E S F N I W W D S B I S D T C N Z O E E C D A  
X V V N V U L W S D U G Q R O G X B L D R R E H  
H O S F P X O O D T G R Z H E E D I A A A T M F  
Z D M K X I W T H X N X C L Y A K D Z E I A R L  
P S R E S D R I B E V O L R T E J Y D O Z A A A  
C B S H J O E C A R B M E E H D E S I R E R H M  
G Q H E A R T G L F S N O O L L A B N H Y V C E

- |            |            |           |           |           |           |           |
|------------|------------|-----------|-----------|-----------|-----------|-----------|
| ENDEARMENT | SWEETHEART | AFFECTION | CARNATION | CHOCOLATE | COURTHSIP | LOVEBIRDS |
| VALENTINE  | BALLOONS   | DECORATE  | DEVOTION  | FEBRUARY  | FONDNESS  | ADMIRER   |
| BELOVED    | BOUQUET    | CHARMED   | CHERISH   | DARLING   | EMBRACE   | FLOWERS   |
| HOLIDAY    | ROMANCE    | CHERUB    | DESIRE    | FRIEND    | SWEETS    | ADORE     |
| ANGEL      | CANDY      | CRAZY     | CRUSH     | CUPID     | DOVES     | FLAME     |
| FLIRT      | HEART      | HONEY     | ROSES     | CARD      | DATE      | DEAR      |
| GIFT       | KISS       | LIKE      | LOVE      | PINK      | POEM      | HUG       |
| RED        |            |           |           |           |           |           |

# NEWSLETTER

## February 2025



### What's Inside:

- 1 Poem
- 2 Wacky Wordies & Solutions
- 2 Spot-the-Difference Puzzle
- 3 Recreation & Program Updates
- 3 Special Events
- 4 Crossword Puzzle
- 6 Welcome & In Memoriam
- 6 Resident Council Updates
- 6 Volunteers Wanted!
- 7 Colouring Page
- 7 Birthdays
- 7 TR Awareness Month
- 7 Humour
- 8 Word Search

### Be My Valentine Forever

Unknown Author

I love you for a lifetime,  
 Not only for a day.  
 I love you for who you are,  
 Not what you do or say.

I love the way you love me back,  
 So there is only one thing I can  
 say.  
 I love you with my heart and soul  
 and every other way,  
 So will you be my valentine not  
 only for one day?



# Wacky Wordies

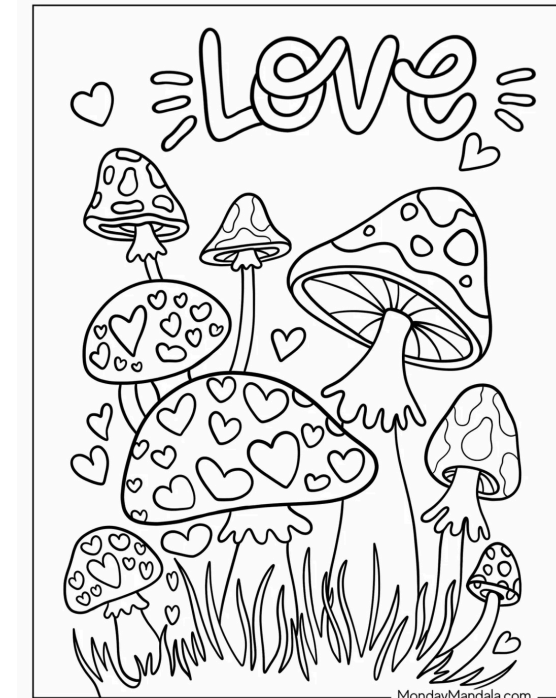
	1	2	3
A	2S.2	LICK T	GETTINGIT
B	M☆KING	pelvis (2B) <sup>2</sup>	<b>SMOKE</b> <b>SMOKE</b> <b>SMOKE</b> <b>SMOKE</b>
C	F <sub>e</sub> F <sub>e</sub> F <sub>e</sub> FIRE	OINCVS	√PANAMA
D	wrong + wrong = left	ALL THINGS  all things	RS HE OT BR

# Last Month's Wacky Answers

	1	2	3
A	Crossing the Ts and Dotting the Is	Last of the Mohicans	Clarinet Solo
B	Wind Beneath My Wings	Pardon Me	Ian Fleming
C	Peace on Earth	High Intensity	Reverse Psychology
D	Get Off My Back	Very Intense	Separate Ways



# Colour Me!

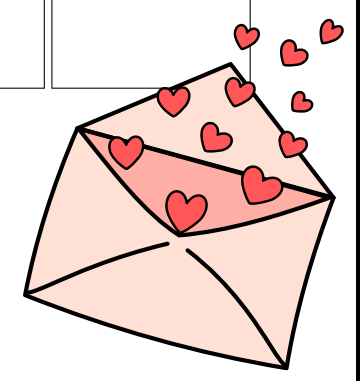


## February is Therapeutic Recreation Awareness Month!

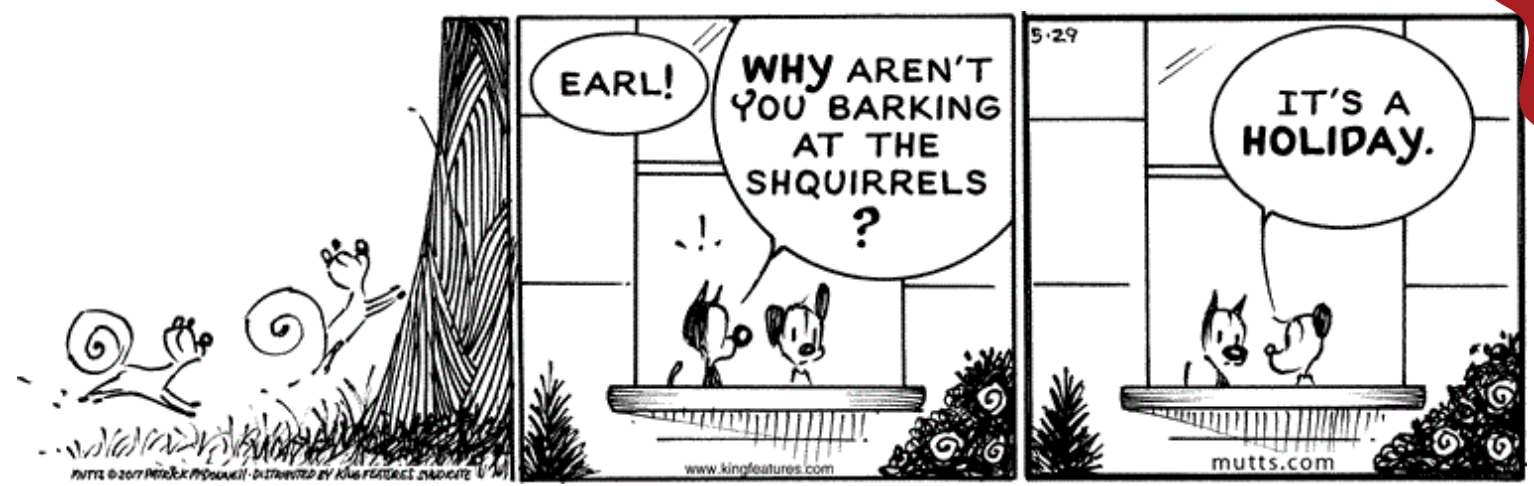
The purpose of therapeutic recreation is to enable all people to achieve quality of life and optimal health through meaningful participation in recreation and leisure. Therapeutic recreation is about maintaining continuity in life through valued activities as well as providing opportunities to grow. Therapeutic Recreation professionals use recreation and leisure to help people to: Improve physical and cognitive abilities, Increase confidence and self-esteem, Foster involvement in the community, Strengthen relationships and interpersonal skills, Enhance well-being, and Encourage a greater sense of accomplishment!

## Spot-the-Difference

Find and circle 6 differences between these pictures.



## February Humour





# Welcome to the Wellington

Mary Lou I.

## Resident Council



### Resident Council & Food Committee

Any questions or concerns? Want to know what's going on in the building? Want to give your feedback? Please come attend the Resident Council meeting!

**Our Next Meeting is February 20th**

## Volunteers Wanted!



We are looking for some Resident Volunteers!

**President and Vice President for Resident Council** - Would you like to help bring forward Resident Concerns at our Resident Council Meetings? Please reach out to the Recreation Team (x117) if interested.

**Tuck Shop Cashier** - Would you like to help us with our Tuck Shop by running the cash box? Please reach out to the Recreation Team (x117) and we'll set up a day with our current Tuck Shop Volunteer, Thelma, to show you the ins and outs of our general store.

# In Memoriam

Olive B.

## A note from our Resident Council President

Hi All,  
Now that we're out of Outbreak, we are finally back to business as usual. Please remember to wear your masks in Recreation programs and around the building as best you can to ensure we don't have another crazy outbreak like that one. Thank you to all the staff who helped make it go as smoothly as possible, and thank you to all the families and residents for bearing with us for the duration.

We'd also like to extend a big welcome to **Avani**, our newest member of the Recreation team! We hope she settles in and enjoys her time working with us all.

In March, our program offerings will return to what they usually are like with full staff - we hope to see many more coming down for our various offerings on the calendar!

**-Recreation**

# Recreation Updates



## This Month's Outings

February 5th - Gage Park Greenhouse

February 6th - Dollarama

February 12th - Lunch at the Mandarin

February 13th - Alice in Bloomland at the RBG

February 19th - Giant Tiger

February 20th - Shoppers Drug Mart

February 26th - Scenic Tour of Hamilton

February 27th - Flamboro Casino

Sign up with Recreation at ext. 117

## Special Events & Spirit Days

**February 5th** - Rainbow for Rec Day!

**February 7th** - Jersey Day!

**February 10th** - Birthday Party with Aiden Purnell

**February 14th** - Red, Pink, and White Day!; Valentine's Tea with David Tabone

**February 17th** - Happy Hour with John Staley

**February 19th** - Wear Red, Green, Black, and Yellow for Black History Month!

**February 20th - Resident Council;** Storytelling Circle with Anita & Michael

**February 21st** - Entertainment with Mike Thornton

**February 25th** - Meal Club: Chicago-Style Pizza

**February 26th** - Stripe Day!

**February 28th** - Entertainment with John Staley



## Tuck Shop Hours

Mondays 12:30-1:15

Wednesdays 12:30-1:15

Fridays TO BE DETERMINED

## Program Updates

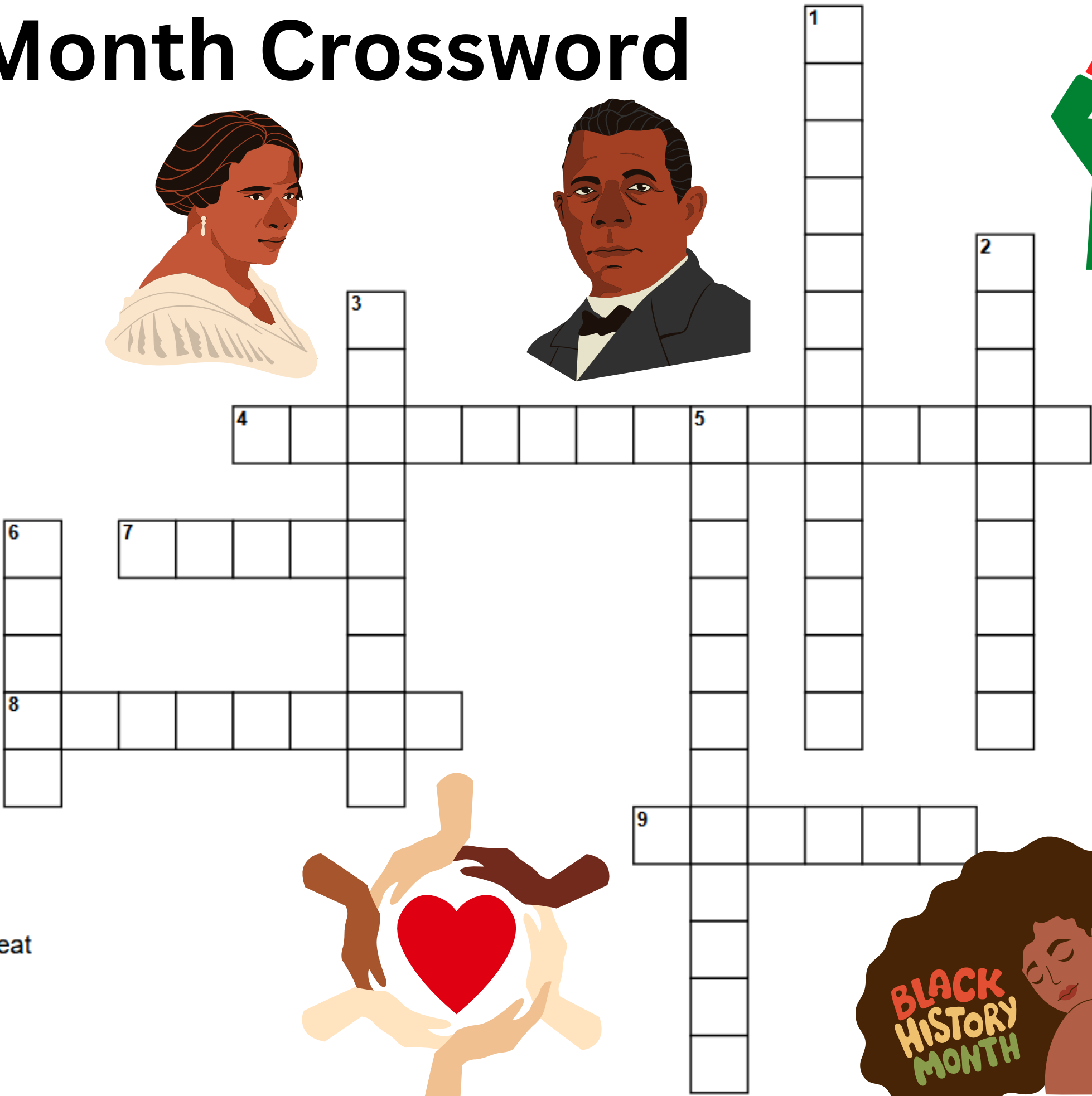
**Welcome to Our Newest Staff Member!** - Our warmest welcomes to Avani, our latest member to the Retirement Recreation Team! We hope her transition into our building goes smoothly.

**Meal Club is Back!** - Now with full staffing once again, we are resuming our once-a-month Meal Clubs with Chicago-Style Pizza on February 25th. Please sign up in advance to secure your spot!

**Life Writing with Dr. Michael Williams** - We will be resuming with another six weeks of Life Writing Classes with Dr. Michael Williams starting on Friday, February 7th at 10:00am in our Private Dining Space.

**It's Recreation Awareness Month!** - If you'd like to meet your Recreation Team for both Retirement and LTC, come check out the posters opposite the 1st Floor Bird Cage!

# Black History Month Crossword



**Across**

- [4] A black American
- [7] One of the four directions
- [8] War between the North and South
- [9] Harriet \_\_\_\_\_

**Down**

- [1] First state to leave the Union
- [2] Got arrested for refusing to surrender her bus seat
- [3] Slaves followed \_\_\_\_\_ to freedom
- [5] Someone who had a dream
- [6] \_\_\_\_\_ History

