




April 2025

Retirement Recreation Calendar




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:45 Movement Matters with VON (L) 1 2:00 Live Music with Synchronicity (M) 3:45 Axe Throwing (3) 6:45 Crazy Bingo (L)	10:15 Baking Cookies (3) 2 1:45 Outing: Scenic Drive 4:15 Friendly Visits	National Rainbow Day! 3 10:00 Outing: Shopping at Shoppers Drug Mart 10:30 Java Music Club (L) 3:30 Seated Yoga (L)	10:45 Movement Matters with VON (L) 4 1:45 Bingo (L) 3:00 3rd Floor Visits: Hand Massages 6:45 Board Game: Yahtzee (M)	10:00 Fun With Words (M) 5 11:00 3rd Floor Fun & Fitness (3) 1:45 Horse Races (L) 3:00 Men's Group: Coffee and Chats (3)
	10:30 Hour of Worship (L) 6 11:00 3rd Floor Montessori & Friendly Visits (3) 1:45 Wii Bowling (L) 3:15 Travelling Ice Cream Cart	10:00 Hymn Sing (L) 7 10:45 Movement Matters with VON (L) 11:15 3rd Floor Colouring Corner 1:45 Bingo (L) 3:30 3rd Floor Java Time (3)	10:45 Movement Matters with VON (L) 8 1:45 3rd Floor Chocolate Bar Bingo (3) 3:00 Walker's Group (M) 4:00 Friendly Visits 6:45 Sing-a-long (L)	10:00 Java Music Club (L) 9 10:15 3rd Floor Washer Toss (3) 11:15 Friendly Visits 15 minutes 1:45 Outing: Abigail's Teahouse	10:00 Outing: Shopping at Dollarama 10 1:45 Euchre Group (M) 3:30 Seated Exercise Class (L) 6:45 Bocce Ball (L)	11:00 Easter Egg Hunt in the Lobby (M) 12 1:45 Garden Gnome Painting Party (M) 3:00 3rd Floor Montessori Programs (3)
10:30 Hour of Worship (L) 13 11:00 Friendly Visits (3) 1:45 Hymn Sing (3) 3:00 Indoor Curling (L) 6:45 Cornerstone Church Service (M)	10:00 Hymn Sing (L) 14 10:45 Movement Matters with VON (L) 1:45 Bingo (L) 1:45 Birthday Party with Manvir (M) 3:30 Reading Circle (3)	10:45 Movement Matters with VON (L) 15 2:00 3rd Floor Chocolate Bar Bingo (3) 3:30 Virtual Cycling Exercises (L) 6:45 Euchre Group (M)	10:15 3rd Floor Creative Arts (3) 16 1:45 Outing: Dundurn Military Museum 4:15 Friendly Visits 6:45 Board Game Night (M)	10:00 Resident Council (L) 17 10:00 Glamour Circle 10:30 3rd Floor Bean Bag Toss (3) 1:45 Storytelling Circle with Anita & Michael (M) 1:45 Java Circle (L) 3:30 Seated Yoga (L)	Pastel Palette Day! 18 12:00 Meal Club: Fish & Chips (M) 1:45 Bingo (L) 3:00 Baking Scones (3) 6:45 John Denver Concert on Youtube (L)	10:00 Group Crossword Puzzles (L) 19 11:00 3rd Floor Balloon Badminton (3) 1:45 Horse Races (L) 3:00 Seated Exercise Class



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Hour of Worship (L) 20 11:00 News and Views (M) 1:30 3rd Floor Movie (3) 2:00 Seated Exercise Class (L) 3:15 Travelling Ice Cream Cart	10:00 Hymn Sing (L) 21 10:45 Movement Matters with VON (L) 1:45 Bingo (L) 3:30 3rd Floor Sing-a-Long (3)	Green & Blue for Earth Day! 22 10:45 Movement Matters with VON (L) 2:00 3rd Floor Chocolate Bar Bingo (3) 3:00 Walker's Group (M) 6:45 Karaoke Sing-a-long (L)	10:15 Word Games (3) 23 10:30 Java Music (L) 11:45 Outing: Lunch at The Pheasant Plucker Pub 1:45 Men's Group: Coffee and Chats 3:15 Friendly Visits	10:00 Outing: Shopping at Talize 24 3:30 Seated Exercise Class 6:45 Movie & Popcorn: A Haunting in Venice (L)	10:45 Movement Matters with VON (L) 25 1:45 Bingo (L) 3:00 Walker's Group (M) 6:45 Entertainment with Aiden Purnell (M)	10:00 Fun With Words (M) 26 11:00 3rd Floor Sing-a-Long (3) 1:45 Horse Races (L) 3:00 Knitter's Corner (M)
10:30 Hour of Worship (L) 27 11:00 Montessori Visits (3) 1:45 Wii Bowling (L) 3:00 3rd Floor Sing-a-Long (3) 6:45 Cornerstone Church Service (M)	9:30 Federal Election 28 10:45 Movement Matters with VON (L) 2:00 Bingo (L) 3:15 Friendly Visits	10:45 Movement Matters with VON (L) 29 2:00 3rd Floor Chocolate Bar Bingo (3) 3:30 Virtual Cycling Exercises (L) 6:45 Drinks on the Patio (L)	10:00 Catholic Mass 30 10:15 3rd Floor Fun & Fitness (3) 1:45 Outing: Visit to the Hamilton Public Library 4:15 Friendly Visits			
	*Any changes to programs due to unforeseen circumstances will be communicated on the daily whiteboards.*					