

May

# RETIREMENT NEWSLETTER



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# Recreation Updates

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## What We Have Been Up To:

This past month we have been out shopping, had tea at Abigail's Tea House, and enjoyed a tasty Fish & Chips Meal from Golden on Good Friday!

In-house, we have kept up the pace with our seated exercise classes and active games and continued to rock and roll on Friday nights with live entertainment!

Special days included an April Fools' performance by Synchronicity and Federal election candidates from the Hamilton Mountain riding.

## **A Very Warm Welcome to our New Residents:**

Mary Molinski  
Ruth Bishop  
Marion Hurren  
Kathleen Hill

## **In Memoriam**

**Lucy Tartaglia**  
1935-2025

*Always in our  
hearts*





# Recreation Updates

## Tuck Shop Hours

**Monday 12:30-1:15**

With Thelma

**Wednesday 12:30-1:15**

With Thelma

**Friday 12:30-1:15**

With Thelma

## Resident Council & Food Committee

If you have any questions, concerns, or feedback, please join us for our monthly meeting! The meeting takes place every month on the third Wednesday. This month's meeting will be on **May 21st @ 2 PM in the Lower Level.**

## A note from our Resident Council President:

Please remember to keep up with the front door issue - do not let people out or in if the door is locked and you do not know them! The unattended mail concern appears to be corrected with a secure box for drop off. Please remember to fold your walkers in the dining room as it is a safety issue.

I will not be here for the May meeting and enjoy the nice weather. I will think of you all when I am sipping my Molson Canadians on the river!

-Paul Freeman



# Recreation Updates

## Recreation Staff Contacts

If you have any questions about offered programs, please call extension 117 (Lydia, Lillian, Avani) or 112 (Emily).

If you would like to sign up for any outings/meal club, please attend sign up day on April 30th, between 10-3 or call extension 117/112.

## Special Events in May

**Outing to Shoppers Drug Mart** - May 1

**Pub Night with Paula French** - May 2

**Scenic Tour of the Cherry Blossoms** - May 7

**Outing to Dollarama** - May 8

**Meal Club: Pizza and Wings** - May 8

**Mother's Day Tea with Vili V.** - May 9

**Lunch at the Broadway Diner** - May 14

**Shopping at Giant Tiger** - May 15

**Live Music with Zack Erickson** - May 16

**Birthday Party with John Staley** - May 19

**Planting & Buying at the Greenhouse** - May 21

**Scenic Tour of Grimsby Beach Area** - May 22

**Live Music with Bob Reid** - May 23

**Spring Bazaar** - May 24

**Fieldcote Memorial Museum** - May 28

**Gardening Day!** - May 28

**Outing to Walmart** - May 29

**Live Music with Alfonso** - May 30

*Happy  
Birthday!*

Sam F. - May 3rd

Don K. - May 23rd

Bernie M. - May 24th

Mary Lou I. - May 28th





# Gardening

B	J	E	M	L	Z	H	E	S	O	R	N	A	W
V	O	R	D	X	T	U	P	G	M	Y	I	K	O
H	L	Z	I	S	C	N	J	B	E	D	F	Q	R
U	X	G	R	O	W	E	A	H	K	R	A	P	M
Q	D	Y	T	N	I	D	O	L	C	S	E	E	D
M	H	E	J	B	F	R	G	U	P	K	L	R	X
Y	P	C	A	Y	S	A	Z	N	I	T	V	E	J
E	W	K	Q	D	M	G	B	H	O	R	F	W	U
L	I	O	S	T	C	E	J	O	Y	A	P	O	N
G	L	Y	W	K	U	N	R	A	D	Q	Z	L	I
P	T	O	S	E	H	S	U	B	R	M	C	F	X
I	Z	N	K	R	E	L	Q	W	A	T	E	R	O
M	D	I	G	U	X	D	P	E	Y	C	H	T	B
R	W	T	A	F	O	V	S	Z	N	L	Q	J	S








BED	GROW	SOIL
BUSHES	HOE	STEM
DEAD	LEAF	WATER
DIG	PLANT	WEEDS
DIRT	ROOT	WILT
FLOWER	ROSE	WORM
GARDEN	SEED	YARD





# WACKY WORDS

THE SWANKY NAIL

1 Get it Get it Get it Get it	2  Jack	3 Somewhere 	4 DOOR
5  READ	6 <b>Blood</b> Water	7 Beeeeeee	8 C A N C E L L E D
9 once 	10 Egg Egg HAM	11 Try $\frac{\text{Stand}}{2}$	12 T O W N
13 NI bump GHT	14 Aid ← Aid Aid	15 Mill1on	16  3.14
17 ice <sup>3</sup>	18 R G O N C I K 	19 Think 	20 GROUND feet feet feet feet feet feet
21 1 KNOWS	22 <b>Big Big</b> ignore ignore	23 RAKEN	24 KNEE light light

# SPRING PRINTABLE

## WORD SCRAMBLE

UNSCRAMBLE THE SPRING WORDS.



pilut

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wohsres

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oobml

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nikp

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ralip

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rssag

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eteras

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nirgps

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ickch

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sgeg

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