



June 2025

Retirement Recreation Calendar




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Bird Cage Care (Staff) 1 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) 1:45 Balloon Badminton (3) 3:30 Hymn Sing (3)	10:00 Hymn Sing (L) 2 10:00 Life Writing Sessions (L) 10:45 Movement Matters VON 11:00 Friendly Visits (3) 2:00 Gardening Outdoors (O)	10:45 Movement Matters VON 3 1:45 Bingo (L) 3:00 Freezie Cart (T) 6:45 Beer & Board Games Night (M)	10:00 Rock Painting (3) 4 10:00 Shopping at Giant Tiger (E) 10:00 Hand Massages & 1:1 Visits (3) 2:00 Bingo (L) 2:00 Garden Grooming (O) 3:00 Walker's Group (O) 4:00 Friendly Visits (1/2)	BBQ Lunch 5 2:00 Bingo (M) 3:30 Sing-a-Long (3) 4:15 Friendly Visits (3) 6:45 Drinks & Music on the Patio (O)	Sunshine Day! 6 10:45 Movement Matters VON 1:45 Wii Bowling (L) 3:00 Walker's Group (M) 4:00 Friendly Visits (3) 7:00 Entertainment with Cam W. (M)	10:00 Brain Games (3) 7 11:00 Fun & Fitness (3) 1:45 Men's Group: Coffee & Discussion Group (M) 3:15 Seated Zumba! (L)
9:30 Bird Cage Care (Staff) 8 10:30 Hour of Worship (L) 11:00 Glamour Circle (3) 1:45 Board Game: Scrabble (M) 3:30 Hymn Sing (3) 6:45 Cornerstone Church Service (M)	10:00 Life Writing Sessions (L) 9 10:15 Name that Tune (M) 10:45 Movement Matters VON 1:45 Bingo (L) 3:15 Walker's Group (O) 4:00 Friendly Visits (3)	10:45 Movement Matters VON 10 1:45 Balloon Badminton (3) 3:15 Walker's Group (O) 4:15 Garden Grooming (O) 6:45 Drinks & Music on the Patio (L)	10:00 Scenic Drive by the Bay (E) 11 1:45 Montessori Visits (3) 3:15 Glamour Circle (L) 6:45 Bingo (L)	BBQ Lunch 12 10:00 Board Game: Yahtzee (3) 10:00 Random Trivia & Discussion (M) 1:45 Hand Massages & 1:1 Visits (3) 3:30 Seated Yoga (L)	Blue for Father's Day! 13 10:00 Bean Bag Toss (3) 10:45 Movement Matters VON 2:00 Father's Day: Motorcycle Show and Ice Cream! 7:00 Pub Night with Escapade (M)	9:30 Pet Visits with Peaches (T) 14 10:30 Chocolate Bar Bingo (3) 1:45 Wii Bowling (L) 3:00 Word Games (M)
Blue for Father's Day! 15 9:30 Bird Cage Care (Staff) 10:30 Hour of Worship (L) 11:00 Friendly Visits (3) 1:45 Peach Bellinis in the Lobby (M) 3:30 Hymn Sing (3)	10:45 Movement Matters VON 16 1:45 Birthday Party with Bob Reid (M) 3:15 Walker's Group (O) 6:45 Hymn Sing (L)	10:45 Movement Matters VON 17 1:45 Card Making with Lillian (M) 3:15 Word Games (3) 4:00 Pet Visits with Peaches (T) 5:00 Meal Club: Chinese Food (M) 6:45 Seated Yoga & Meditation (L)	Tie Dye Day! 18 10:15 Sing Along (3) 10:30 Java Music Club (L) 11:45 Picnic at LaSalle Park (E) 2:00 Resident Council Meeting (L) 3:30 Glamour Circle	10:00 Shopping at Dollarama (E) 19 1:45 Walker's Group (O) 1:45 Storytelling Circle with Anita & Michael (M) 3:30 Seated Zumba! (L) 6:45 Movie Night & Popcorn (L)	10:45 Movement Matters VON 20 1:45 Bingo (L) 3:00 Bocce Ball on the Patio (L) 6:45 Entertainment with Vili V. (M)	10:00 Shoot-to-Win Basketball (3) 21 11:00 Hand Massages/ 1:1 Visits (3) 1:45 Views of the Day & Coffee (M) 3:15 Walker's Group (M)



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9:30 Bird Cage Care 22 (Staff) 10:30 Hour of Worship (L) 11:00 Friendly Visits (3) 1:45 Glamour Circle (T) 3:30 Hymn Sing (3) 6:45 Cornerstone Church Service (M)	10:15 Hymn Sing (L) 23 10:45 Movement Matters VON 11:00 Garden Grooming (O) 1:45 Bingo (L) 3:15 Walker's Group (O)	Rainbow Day! 24 10:45 Movement Matters VON 1:45 Chocolate Bar Bingo (3) 3:15 Fun & Fitness (3) 4:00 Garden Grooming (O) 6:45 Drinks & Music on the Patio (O)	10:00 Catholic Mass 25 (NH) 10:15 Sing-a-Long (3) 11:45 Lunch at Hutch's (E) 3:30 Friendly Visits (T) 6:45 Bingo (L)	10:00 Trip to 26 Shoppers Drug Mart (E) 10:30 Java Music Club (L) 1:45 Seated Yoga (L) 3:15 Garden Grooming (O)	10:45 Movement 27 Matters VON 1:45 S'Mores on the Patio (O) 4:00 Friendly Visits (3) 6:45 Entertainment with Paula French (M)	Funky Hat & Shirt Day 28 9:30 Pet Visits with Peaches (3) 11:00 Chicken Soup for the Soul Short Stories (3) 1:45 Horse Races (L) 3:00 Knitter's Corner (M)	
9:30 Bird Cage Care 29 (Staff) 10:30 Hour of Worship (L) 11:00 Friendly Visits (3) 1:45 Freezie Cart (T) 3:30 Hymn Sing (3)	10:00 Hymn Sing (L) 30 10:45 Movement Matters VON 1:45 Bingo (L) 3:30 Java Time (3)	<div></div> <div>All Recreation Programs are subject to change and will be posted on the Recreation Boards.</div> <div>O - Outside E - External/Outing 3 - Third Floor 1/2 - First/Second Floor M - Main Lobby L - Lower Level T - Travelling</div>					