

Canadian Provinces & Territories



Word Search

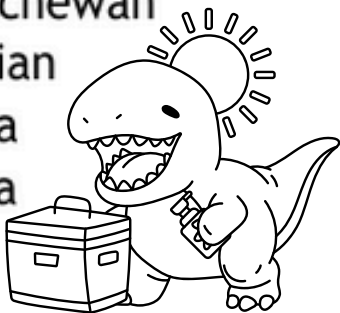


I D Z E O U M E K B G N J W R D T W Y U S Q Y J
O A I Z A A C A N A D A O E G S B U M J I B N N
K Z X W Q Y D T U R L D K Q C G K K V R G A K B
O L J M C T B K B R Z T U C P O F Q D F X G P K
N A B O T I N A M F C E X P N P T E F X B Q O G
H L A W F H A O P B B I Y K Q H V I I Z J W T Q
Y R M T Q C H E W E C K P V Y H L I U K X M D O
S H I S Y N U B C L P S X D X W Q M Q L Q B O A
S A S B B E U X Y R O T I R R E T D N X A L K Y
Z O S E C N I V O R P K E Q J D S Y C F Y Q B F
Y V T K A I B M U L O C H S I T I R B P Z T I O
A I Z E A V T N V N S T P W A F V F P X N C R N
X B S R J T S N E W B R U N S W I C K F J M Q T
C Y R I P R C J Z Y M L M W N O V A S C O T I A
C L O V A O O H U F X H Y H I Y D T B M F D L R
K F R V V H R B E M C F L L N M V D N R Z C E I
O T T A W A Z O D W E G I D A A L M U V A X G O
U J T W U W K T O G A W E X R K I Z T S I V Z K
I N E W F O U N D L A N D C K L N D K U P L M V
D S X J U W Y G W T V A L B E R T A A O K K I Q
Q F W V G M G M Z Y C X I B F D H W O N W U B C
J C F E D Q Q A L K B X X Z H C I Q B S A X H Z
S E I R O T I R R E T T S E W H T R O N V C I Z
U S M D N A L S I D R A W D E E C N I R P Z F K

Northwest Territories
New Brunswick
Nova Scotia
Manitoba
Iqaluit
Ottawa

Prince Edward Island
Newfoundland
Territory
Province
Ontario
Quebec

British Columbia
Saskatchewan
Canadian
Alberta
Canada
Yukon



NEWSLETTER

July 2025

CANADA'S ANSWER

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From the vales of British Columbia,
From the mill and from the mine,
We have rushed at Britain's peril
Proud to join the battle line.

From the far edge of Alberta
Where the solemn Rockies guard
Ranges of the mighty cow herds,
We have come at Britain's word.

From the fields of Manitoba,
Where we left the golden wheat
Ready, waiting for the sickle,
We have come with hurrying feet.

And old Ontario's best are here,
From city and farm they come,
In thousands, mother, they heard your cry,
And march to the sound of the drum.

And all the Provinces by the sea
Have answered in haste your call,
All armed for the fight you'll find
Sons of the Saxon and the Gaul.

So give us a chance at the Germans,
That's why we crossed the sea,
To uphold the power of our Empire,
Old England, to fight for thee.

Wacky Wordies

	1	2	3
A	25.2	LICK T	GETTINGIT
B	M☆KING	pelvis (2B) ²	SMOKE SMOKE SMOKE SMOKE
C	F _e F _e F _e IRE	OINCVS	√PANAMA
D	wrong + wrong = left	ALL THINGS all things	RS HE OT BR

Pocket Puzzle

G R U L R X T V B N
S H P I Y C K W E C
G H A V D R C G A J
G V R C T U Z L C D
E R K D L I O A H O
L P L W V S O K Z C
V H H O T E L E C E
R E L A X F K K K A
I M B T R I P N K N
L U X V T O U R K E



WORD LIST

BEACH
CRUISE
HOTEL
LAKE
OCEAN

PARK
RELAX
TOUR
TRIP
ZOO

Happy Birthday Canada!

Canada was founded as a country in 1867, so this year will be its 158th year! We're famously known around the world for our love of Hockey, and being the #1 producer of Maple Syrup. But did you know...?

- Ontario is the birthplace of the Hawaiian Pizza!
- Canada has two national sports - Hockey and Lacrosse - but was the country who invented Basketball!
- Canada is the largest exporter of Blueberries!

HAPPY BIRTHDAY

July Birthdays

01 - Canada!
09 - Elsie Z.
15 - Peter S.
27 - Ruth B.

Colour Me!



Summer Word Scramble

EBCHA

SRAGS

BNGIATO

UMMSRE

EAONC

ABELSLAB

WUMSIITS

OOLP

CIPNCI

ATLERY

ENRAOWETML

PICESOLP



Happy July 1st by Unknown Author



Welcome to The Wellington



Lynn H., Audrey O.

Resident Council Updates



Resident Council & Food Committee

Any questions or concerns? Want to know what's going on in the building? Want to give your feedback? Please come attend the Resident Council meeting!

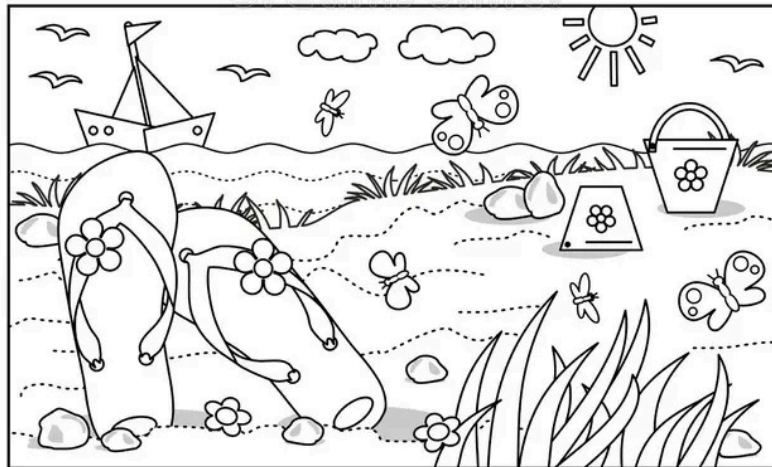
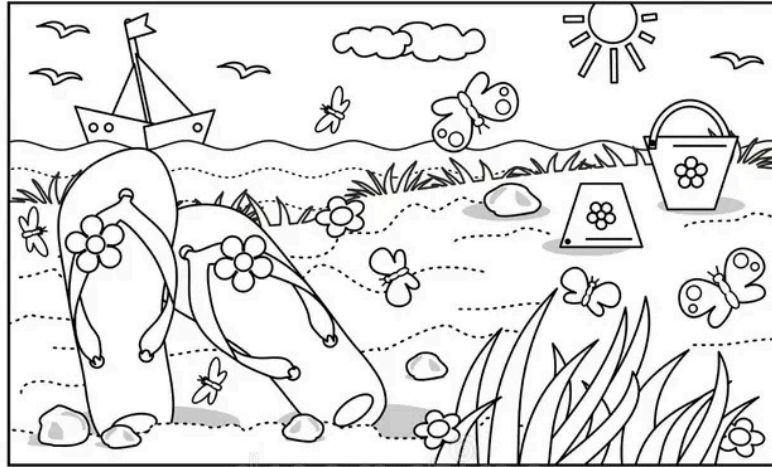
No Resident Council in July and August - See you in September!

Resident Council Elected!

In case you were not able to attend Resident Council in June, we had Resident Council Elections and have elected both a President and Vice President of Resident Council. Paul will be resuming his role as President, and Maggie will be joining him as our new Vice President.

Thank you to everyone who expressed interest and who put their names in for the elections. It's great to see our community getting involved with making The Wellington better for us all.

Spot 10 Differences



Tuck Shop Hours

Mondays, Wednesdays,
and Fridays 12:30-1:15

Recreation Updates



This Month's Outings

July 2nd - The Watering Can

July 3rd - Dollarama

July 9th - Port Dover Fish & Chips

July 16th - Warplane Heritage Museum

July 17th - Scenic Drive Stoney Creek

July 23rd - Picnic at TB McQuesten

July 24th - Shoppers Drug Mart

July 30th - Giant Tiger

July 31st - Walmart

Sign up with Recreation at ext. 117



Spirit Days

July 1st - Canada Day; Wear Red & White!

July 6th - Tropical Wear!

July 7th - Summer Patterns Day!

July 8th - Vacation Shirt Day!

July 9th - Hawaiian Shirt Day!

July 10th - Floral Day!

July 11th - Favourite Summer Shirt Day!

July 12th - Blue & Yellow Day!

July 15th - Stripes Day!

July 23rd - Checkered Pattern Day!

July 26th - Flamingo & Watermelon Day!

July 31st - Animal Print Day!



Recreation Updates!

Welcome to Rainbow and Sunshine! - Joining our flock on LTC, we have two new budgies! Please help us welcome Rainbow and Sunshine to their new home.

Senior Awards Ceremony - Make sure to get your last minute nominations in and join us for our Senior Awards on **July 10th**.

Fun Fair and Petting Zoo - At the end of July, we will be having a Fair and Petting Zoo, located outside the front entrance(?). We hope you'll join us for some treats, animals, and a fun summer day!

Modified Program Times - This month, we're testing a few of our popular programs at different times - Bingo, Happy Hour, etc - to see how they do. Please give us feedback on our programs; we greatly appreciate it!

Special Events

July 7th - Meal Club: National Pizza & Wings

July 14th - Happy Hour with Paula French

July 16th - Outdoor BBQ Lunch

July 25th - Pub Night with Aidan Purnell

July 31st - Fun Fair & Petting Zoo

Canadian Crossword



ACROSS

1. OTTAWA'S FAMOUS GOVERNMENT BUILDING
6. OFFICIAL SUMMER SPORT OF CANADA, FEATURING A SMALL RUBBER BALL AND A LONG-HANDLED STICK
7. WINTER TEAM SPORT WITH STANLEY CUP CHAMPIONSHIPS
8. THE PROVINCE WHERE THE CFL'S ROUGHRIDERS PLAY
10. THE CRADLE OF FRENCH CIVILIZATION IN NORTH AMERICA
12. BIRTHPLACE OF GINGER BEEF
13. REGION IN CANADA WITH VAST UNSPOILED LANDSCAPES
14. MINIATURE DOUGHNUTS FROM CANADA'S FAVORITE COFFEE HOUSE
15. CANADIAN MAMMAL KNOWN FOR ITS TEETH THAT NEVER STOP GROWING
17. CITIZEN OF THE COUNTRY THAT BROUGHT POUTINE TO THE WORLD
23. CANADIAN ASHLEY MACISAAC PLAYS THIS
24. TREELESS BIOME IN CANADA
26. NAVIGATING CANADA'S PICTURESQUE LANDSCAPE
27. POPULAR CANADIAN PASTRY, ESPECIALLY IN THE WINTER



DOWN

2. CANADIAN CITY KNOWN FOR ITS FILM INDUSTRY
3. REGIONS WITH HIGH ALTITUDE IN CANADA
4. SCENIC LOCATION ON THE BORDER OF CANADA AND AMERICA
5. BIRTHPLACE OF RAPPER DRAKE
8. MAPLE-BASED SWEET CONDIMENT
9. THE RED-COATED HORSEBACK ENFORCER OF CANADA'S LAWS
11. A TREE THAT PROVIDES SWEET SAP USED IN TRADITIONAL CANADIAN CUISINE
16. THIS CANADIAN NATIVE IS A POWERFUL AND FURRY CARNIVORE
18. FERTILE CANADIAN REGION PROVIDING SUITABLE CONDITIONS FOR FARMING
19. HOME TO THE CANADIAN ROCKIES AND JASPER NATIONAL PARK
20. FAMOUS SNOWY TOWN IN WESTERN CANADA
21. KNOWN FOR ITS BEAUTIFUL TULIP FESTIVAL
22. CANADIAN ARCTIC STONE MARKER MADE BY INUITS
25. LONG-NECKED WATERFOWL THAT'S CONSIDERED A CANADIAN EMBLEM

