




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>Red &amp; White Day! 1</b> 10:00 Canada Day News & Views 11:00 Friendly Visits <b>2:00 Canada Day Celebration with Mike Thornton</b> 7:00 Pamper & Polish	<b>2</b> 10:00 Exercise Group 10:00 1:1 Restorative Fitness with Meldy 11:00 Friendly/Multisensory Visits 2:00 Chocolate Bar Bingo 3:00 Popsicle Cart 7:00 Sing-A-Long	<b>3</b> 10:00 Java Circle 2:00 Chocolate Bar Bingo 2:00 Travelling Library Cart 7:00 Inspiration and Gratitude Circle	<b>4</b> 10:00 Multi-Sensory Visits 15 Minutes 11:00 Reading Group 2:00 Outing: Lavender Fields 2:00 Leisure Discovery Table with Riddhi 3:00 Tuck Cart 7:00 Name that Tune	<b>5</b> 10:00 Prayer Circle 2:00 Bocce Ball 7:00 Wheel of Fortune
<b>Tropical Spirit Week! 6</b> <b>Tropical Wear!</b> 10:00 Hymn Sing 2:00 Word Games on the Patio 7:00 Tropical Jeopardy	<b>Tropical Spirit Week! 7</b> <b>Summer Pattern Day!</b> 10:00 Rosary 11:00 Friendly Visits 15 minutes 2:00 Fun & Fitness 3:00 Friendly/Multisensory Visits 7:00 Funny Vacation Stories	<b>Tropical Spirit Week! 8</b> <b>Vacation Shirt &amp; Hat Day!</b> 10:00 Resident Council 11:00 Friendly Visits <b>2:00 Pina Coladas on the Patio</b> 6:30 Outing: Cruise Night Car Show 7:00 Axe Throwing & Darts	<b>Tropical Spirit Week! 9</b> <b>Hawaiian Shirt Day!</b> 10:00 Exercise Group 11:00 Friendly/Multisensory Visits 12:00 BBQ Lunch 3:00 Summer Craft with Ashleigh 7:00 Tropical Word Games	<b>Tropical Spirit Week! 10</b> <b>Floral Day!</b> 10:00 Prize Bingo 11:00 Friendly/Multisensory Visits 2:00 Courtyard Campfire 7:00 Name that Tune	<b>Tropical Spirit Week! 11</b> <b>Favourite Summer Outfit Day!</b> 10:00 Java Time 2:00 Senior Awards Ceremony 3:00 Tuck Cart 7:00 Pub Night with Vili V	<b>Tropical Spirit Week! 12</b> <b>Blue &amp; Yellow Day!</b> 10:00 Prayer Circle 2:00 Bocce Ball 3:00 Knitter's Corner with Leanne 7:00 Finishing Lines/Lyrics
10:00 Hymn Sing <b>13</b> 2:00 Balloon Tennis 7:00 Group Crossword Puzzle	10:00 Rosary <b>14</b> 11:00 Friendly Visits 15 minutes 2:00 Fun & Fitness 3:00 Friendly/Multisensory Visits 7:00 Arts & Crafts Night	<b>Stripes Day! 15</b> 10:00 1:1 Restorative Fitness with Meldy 10:00 Views of the Day 11:00 Friendly Visits 12:00 Community Outing: Lunch at Hutches 2:00 Dancing Feet 7:00 Word Games	10:00 Exercise Group <b>16</b> 11:00 Friendly/Multisensory Visits 2:00 Creative Arts 2:00 Popsicle Cart 7:00 Name that Tune	10:00 1:1 Restorative Fitness with Meldy <b>17</b> 10:00 Java Music Club 2:00 Chocolate Bar Bingo 2:00 Travelling Library Cart 7:00 Inspiration and Gratitude Circle	11:00 Chicken Soup for the Soul & Discussion <b>18</b> 2:00 Outing: Grimsby Historic Houses 2:00 Name that Tune with Riddhi 3:00 Friendly Visits 3:00 Tuck Cart 7:00 Wine Tasting	10:00 Prayer Circle <b>19</b> 2:00 Ball Toss on the Patio 7:00 Tune Toss



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Hymn Sing <b>20</b> 2:00 Entertainment with Paula French 7:00 Sing-A-Long	10:00 Rosary <b>21</b> 11:00 Friendly Visits 15 minutes 2:00 Fun & Fitness 3:00 Friendly/ Multisensory Visits 7:00 Hangman	10:00 Views of the Day <b>22</b> 11:00 Friendly Visits 2:00 Just for Laughs 2:00 Outing: Dollarama 7:00 Games Night	<b>Checked Pattern Day! 23</b> 10:00 Catholic Mass 11:00 Friendly/ Multisensory Visits 2:00 Birthday Party with Zach Erickson 3:00 Popsicle Cart 7:00 Word Games	11:00 Reading Group <b>24</b> 2:00 Prize Bingo 2:00 Travelling Library Cart 7:00 Name that Tune	10:00 Java Circle <b>25</b> 2:00 Outing: Scenic Drive 2:00 Tuck Cart 2:00 Tune Toss 3:00 Friendly Visits 7:00 Drinks & Music on the Patio	<b>Flamingo &amp; Watermelon Day! 26</b> 10:00 Prayer Circle 2:00 Bocce Ball 2:00 Knitter's Corner with Leanne 3:30 Bird Visits 7:00 Group Crossword Puzzle
10:00 Hymn Sing <b>27</b> 2:00 Garden Strolls 7:00 Finishing Lines/Lyrics	10:00 Rosary <b>28</b> 11:00 Friendly Visits 15 minutes 2:00 Fun & Fitness 3:00 Friendly/ Multisensory Visits 7:00 Pamper & Polish	10:00 1:1 Restorative Fitness with Meldy <b>29</b> 10:00 Views of the Day 11:00 Friendly Visits 12:00 Outing: Picnic in the Park 2:00 Dancing Feet 2:00 Divine Mercy 2:00 Popsicle Cart 7:00 Sing-A-Long	10:00 Exercise Group <b>30</b> 11:00 Friendly/ Multisensory Visits 12:00 Meal Club: Greek Food 2:00 Creative Arts 6:45 Spiritual Sessions with Mountain Ministries	<b>Animal Print Day! 31</b> 10:00 Java Time <b>2:00 Fun Fair &amp; Petting Zoo</b> 7:00 Inspiration and Gratitude Circle		

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# July 2025

## 2nd Floor NH Recreation

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		<b>Red &amp; White Day! 1</b> 11:00 Canada Day News & Views 11:00 Friendly Visits <b>2:00 Canada Day Celebration with Mike Thornton</b> 7:00 Pamper & Polish	11:00 Exercise Group <b>2</b> 11:00 Friendly/Multisensory Visits 2:00 Chocolate Bar Bingo 3:00 Popsicle Cart 7:00 Sing-A-Long	11:00 Reading Group <b>3</b> 2:00 Travelling Library Cart 3:00 Tune Toss 7:00 Inspiration and Gratitude Circle	10:00 Java Circle <b>4</b> 2:00 Outing: Lavender Fields 2:00 Leisure Discovery Table with Riddhi 3:00 Tuck Cart 7:00 Name that Tune	11:00 Prayer Circle <b>5</b> 2:00 Bocce Ball 7:00 Wheel of Fortune
<b>Tropical Spirit Week! 6</b> <b>Tropical Wear!</b> 11:00 Hymn Sing 2:00 Word Games on the Patio 7:00 Tropical Jeopardy	<b>Tropical Spirit Week! 7</b> <b>Summer Pattern Day!</b> 10:00 Rosary 11:00 Friendly Visits 15 minutes 2:00 Prize Bingo 3:00 Friendly/Multisensory Visits 7:00 Funny Vacation Stories	<b>Tropical Spirit Week! 8</b> <b>Vacation Shirt &amp; Hat Day!</b> 10:00 Resident Council 11:00 Friendly Visits <b>2:00 Pina Coladas on the Patio</b> 6:30 Outing: Cruise Night Car Show 7:00 Axe Throwing & Darts	<b>Tropical Spirit Week! 9</b> <b>Hawaiian Shirt Day!</b> 11:00 Exercise Group 11:00 Friendly/Multisensory Visits 12:00 BBQ Lunch 3:00 Summer Craft with Ashleigh 7:00 Tropical Word Games	<b>Tropical Spirit Week! 10</b> <b>Floral Day!</b> 10:00 Java Time 11:00 Friendly/Multisensory Visits 2:00 Courtyard Campfire 7:00 Name that Tune	<b>Tropical Spirit Week! 11</b> <b>Favourite Summer Outfit Day!</b> 11:00 Chicken Soup for the Soul & Discussion 2:00 Senior Awards Ceremony 3:00 Tuck Cart 7:00 Pub Night with Vili V	<b>Tropical Spirit Week! 12</b> <b>Blue &amp; Yellow Day!</b> 11:00 Prayer Circle 2:00 Bocce Ball 7:00 Finishing Lines/Lyrics
11:00 Hymn Sing <b>13</b> 2:00 Balloon Tennis 7:00 Group Crossword Puzzle	10:00 Rosary <b>14</b> 11:00 Friendly Visits 15 minutes 2:00 Chocolate Bar Bingo 3:00 Friendly/Multisensory Visits 7:00 Arts & Crafts Night	<b>Stripes Day! 15</b> 10:00 1:1 Restorative Fitness with Meldy 11:00 Views of the Day 11:00 Friendly Visits 12:00 Community Outing: Lunch at Hutches 2:00 Dancing Feet 7:00 Word Games	11:00 Exercise Group <b>16</b> 11:00 Friendly/Multisensory Visits 2:00 Creative Arts 2:00 Popsicle Cart 7:00 Name that Tune	10:00 1:1 Restorative Fitness with Meldy <b>17</b> 11:00 Reading Group 2:00 Travelling Library Cart 3:00 Tune Toss 7:00 Inspiration and Gratitude Circle	10:00 Java Music Club <b>18</b> 2:00 Montessori Programs 2:00 Outing: Grimsby Historic Houses 2:00 Name that Tune with Riddhi 3:00 Tuck Cart 7:00 Wine Tasting	11:00 Bird Visits <b>19</b> 2:00 Ball Toss on the Patio 7:00 Tune Toss



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11:00 Hymn Sing <b>20</b> 2:00 Entertainment with Paula French 7:00 Sing-A-Long	10:00 Rosary <b>21</b> 11:00 Friendly Visits 15 minutes 2:00 Prize Bingo 3:00 Friendly/ Multisensory Visits 7:00 Hangman	11:00 Views of the Day <b>22</b> 11:00 Friendly Visits 2:00 Outing: Dollarama 2:00 Dancing Feet 7:00 Games Night	<b>Checked Pattern Day! 23</b> 10:00 Catholic Mass 11:00 Friendly/ Multisensory Visits 2:00 Birthday Party with Zach Erickson 3:00 Popsicle Cart 7:00 Word Games	10:00 Java Circle <b>24</b> 2:00 Travelling Library Cart 3:00 Singercize 7:00 Name that Tune	11:00 Chicken Soup for the Soul & Discussion <b>25</b> 2:00 Montessori Programs 2:00 Outing: Scenic Drive 2:00 Tuck Cart 2:00 Tune Toss 3:00 Friendly Visits 7:00 Drinks & Music on the Patio	<b>Flamingo &amp; Watermelon Day! 26</b> 11:00 Prayer Circle 2:00 Bocce Ball 3:30 Bird Visits 7:00 Group Crossword Puzzle
11:00 Hymn Sing <b>27</b> 2:00 Garden Strolls 7:00 Finishing Lines/Lyrics	10:00 Rosary <b>28</b> 11:00 Friendly Visits 15 minutes 2:00 Chocolate Bar Bingo 3:00 Friendly/ Multisensory Visits 7:00 Pamper & Polish	10:00 1:1 Restorative Fitness with Meldy <b>29</b> 11:00 Views of the Day 11:00 Friendly Visits 12:00 Outing: Picnic in the Park 2:00 Dancing Feet 2:00 Divine Mercy 2:00 Popsicle Cart 7:00 Sing-A-Long	10:00 Exercise Group <b>30</b> 11:00 Friendly/ Multisensory Visits 12:00 Meal Club: Greek Food 2:00 Creative Arts 6:45 Spiritual Sessions with Mountain Ministries	<b>Animal Print Day! 31</b> 11:00 Reading Group <b>2:00 Fun Fair &amp; Petting Zoo</b> 7:00 Inspiration and Gratitude Circle		

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