




# September 2025



Retirement Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>10:00 Word Games (3) <b>1</b> 10:45 Movement Matters with Recreation (L) 1:45 Bingo (L) 3:30 Trivia &amp; Discussion (L)</div>	<div>10:00 Word Games (3) <b>1</b> 10:45 Movement Matters with Recreation (L) 1:45 Bingo (L) 3:30 Trivia &amp; Discussion (L)</div>	<div>10:45 Movement Matters VON (L) <b>2</b> 2:00 Chocolate Bar Bingo (3) 3:30 Virtual Cycling Exercises (L) 6:45 Sing-a-long (L)</div>	<div>10:15 Word Games (3) <b>3</b> <b>1:45 Outing: Walmart</b> 4:00 Friendly Visits 6:45 You Be the Judge (M)</div>	<div>10:30 Java Music Club (L) <b>4</b> <b>10:30 Outing: Scenic Sunflower Drive</b> 1:45 3rd Floor Bean Bag Toss (3) 3:30 Seated Yoga (L)</div>	<div><b>Denim Day!</b> <b>5</b> 10:45 Movement Matters VON (L) 1:45 Bingo (L) 3:15 3rd Floor Bean Bag Toss (3) <b>6:45 Entertainment with Blue-Eyed Bill (M)</b></div>	<div>10:00 New York Times Games &amp; Crosswords (L) <b>6</b> 11:00 Hymn Sing (3) 1:45 Horse Races (L) 3:30 Walker's Group (M)</div>
<div>9:30 Pet Visits &amp; Bird Cage Cleaning (1/2) <b>7</b> 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) 1:45 Wii Bowling (L) 3:00 Board Games (3)</div>	<div>9:30 3rd Floor Movie: Guys &amp; Dolls (3) <b>8</b> 10:00 News and Current Events (M) 10:45 Movement Matters VON (L) <b>1:45 Birthday Party with Zack Erikson (M)</b> 3:30 Sing-a-Long (3)</div>	<div>10:45 Movement Matters VON (L) <b>9</b> 2:00 Chocolate Bar Bingo (3) 3:00 Walker's Group (M) 6:45 Chicken Soup for the Soul Short Stories (M)</div>	<div><b>Flannel Day!</b> <b>10</b> 10:00 New York Times Games (L) <b>11:15 Outing: Lunch at Wally Parr</b> 4:00 Friendly Visits (1/2)</div>	<div><b>10:30 Outing: Giant Tiger</b> <b>11</b> 1:45 3rd Floor Balloon Badminton (3) 3:30 Seated Yoga 6:45 You Be the Judge (M)</div>	<div>10:45 Movement Matters VON (L) <b>12</b> 1:45 Bingo (L) 2:00 Afternoon Tea Social (L) 3:00 Walker's Group (M) <b>6:45 Pub Night with Paula French (M)</b></div>	<div>10:00 You Be The Judge (M) <b>13</b> 11:00 Sing-a-Long (3) 1:45 Horse Races (L) 3:30 Walker's Group (M)</div>
<div>9:30 Bird Cage Care (Staff) <b>14</b> 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) 1:45 Sing-a-long (L) 3:30 Hymn Sing (3) <b>6:45 Cornerstone Church Service (M)</b></div>	<div>Resident Council Week <b>15</b> 10:00 3rd Floor Balloon Badminton (3) 10:45 Movement Matters VON (L) 1:45 Bingo (L) 3:30 Hymn Sing (L)</div>	<div>Resident Council Week <b>16</b> <b>Fall Colors Day!</b> 10:45 Movement Matters VON (L) 2:00 Chocolate Bar Bingo (3) 3:30 Virtual Cycling Exercises (L) 6:45 Sing-a-long (L)</div>	<div>Resident Council Week <b>17</b> <b>9:30 Outing: Oakville Boat Tour</b> 3:30 Brain Games (M) 6:45 Bingo (L)</div>	<div>Resident Council Week <b>18</b> <b>Western Day!</b> 1:45 Sing-a-long (M) <b>5:00 Harvest BBQ Dinner (Lower Level Patio)</b></div>	<div>Resident Council Week <b>19</b> 10:45 Movement Matters VON (L) 1:45 Bingo (L) 3:15 Glamour Circle(T) 6:45 You Be the Judge (M)</div>	<div>Resident Council Week <b>20</b> 10:00 Fun With Words (M) 11:00 Ball Toss (3) 1:45 Horse Races (L) 3:30 Walker's Group (M)</div>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Resident Council Week <b>21</b> 9:30 Pet Visits & Bird Cage Cleaning (1/2) 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) 1:45 Wii Bowling (L) 3:00 Bean Bag Toss (3)	10:00 Sing-a-Long <b>22</b> (3) 10:45 Movement Matters VON (L) 1:45 Bingo (L) 3:30 Glamour Circle (M)	10:45 Movement Matters VON <b>23</b> (L) 2:00 Chocolate Bar Bingo (3) 3:30 Card Making with Lillian (M) 6:45 Garden Strolls (L)	10:00 Fact or Fiction <b>24</b> Trivia (M) 10:00 Catholic Mass (1st Floor LTC Lounge) <b>10:00 Outing: Bennetts</b> <b>2:00 Resident Council</b> (L) 3:00 Seated Stretching (3)	<b>10:30 Outing: Shoppers</b> <b>25</b> <b>Drug Mart</b> 1:45 Horse Races (L) 3:30 Seated Yoga 6:45 Craft Corner (M)	<b>Sweater Day!</b> <b>26</b> 10:45 Movement Matters VON (L) 1:45 Bingo (L) 3:00 Walker's Group (M) <b>7:00 Entertainment with Alfonso Spotto M)</b>	10:00 New York <b>27</b> Times Games & Crosswords (L) 11:00 Sing-a-Long (3) 1:45 Horse Races (L) 3:30 Walker's Group (M)
9:30 Bird Cage Care (Staff) <b>28</b> 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) 1:45 News and Current Events (M) 3:30 Hymn Sing (3) <b>6:45 Cornerstone Church Service (M)</b>	10:00 You Be the Judge (M) <b>29</b> 10:45 Movement Matters VON (L) 1:45 Bingo (L) 3:30 Bean Bag Toss (3)	<b>Orange Shirt Day!</b> <b>30</b> 10:45 Movement Matters VON (L) 2:00 Chocolate Bar Bingo (3) 3:30 Walker's Group (M) 6:45 Drinks on the Patio (L)				

**All Recreation Programs are subject to change and will be posted on Recreation Boards.**

**3 - 3rd Floor**
**M - Main Lobby**
**L - Lower Level**
**1/2 - 1st/2nd Floor**