
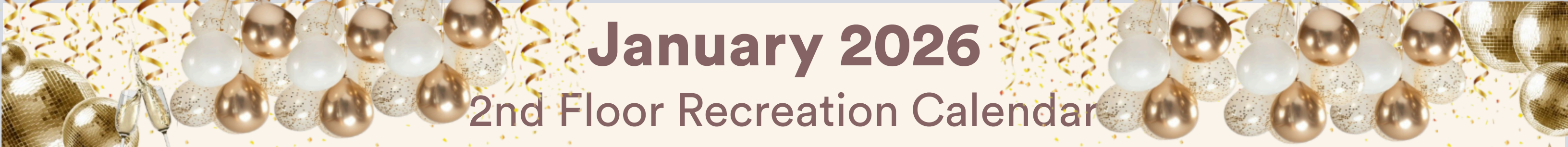




January 2026

2nd Floor Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Location Legend: 1 = 1st Floor 2 = 2nd Floor L = Lower Level T = Travelling <i>For specific locations & any program changes please check daily boards</i>		10:00 Seated Stretches 1 2:00 Travelling Library Cart 2:00 Chocolate Bar Bingo (1) 3:00 Exercise Group with Physio	Favourite Character Day! 2 10:00 Java Music Club (Y) 11:00 Multisensory Visits 2:00 Vision Board Planning ! (T) 2:00 Floor Curling (1st FL) 7:00 Brain Games	11:00 Prayer Circle 3 2:00 Chocolate Bar Bingo (1) 7:00 Leafs vs. Islanders on Red Lounge TV 7:00 Group Crossword Puzzle (2)
10:30 Sunday Service (1) 4 1:30 Afternoon Movie 2:00 Bocce Ball (1) 3:00 Travelling Bird Visits 7:00 Fact or Fiction Trivia	10:00 Exercise Group 5 11:00 Rosary 2:00 Prize Bingo (2) 7:00 Hockey & Beer Night: World Juniors Gold Medal Pre-Game (1)	11:00 Views of the Day 6 2:00 Dancing Feet (2) 2:30 Cooking Club: Recipe Planning 6:30 Outing: Christmas Lights Drive 7:00 Trivia Night (1)	Happy Orthodox Christmas! 7 10:00 Baking with Leanne (L) 11:00 Balloon Tennis 2:00 Pamper and Polish 2:00 Craft with Ashleigh 2:00 Horse Races (1) 7:00 Finish the lines/lyrics	Throwback Thursday 80s! 8 10:30 Morning Movie: Sound of Music 2:00 Elvis' Birthday Party with Vili V (1) 3:00 Exercise Group with Physio 3:00 Travelling Library Cart 7:00 Gratitude Tree	10:00 Prize Bingo (2) 9 11:00 Multisensory Visits 2:00 Outing: Coffee at Wendy's 2:00 Vision Board Making! (L) 2:00 Bocce Ball (1) 7:00 Karaoke Night (1)	11:00 Prayer Circle 10 2:00 Chocolate Bar Bingo (2) 7:00 Leafs vs. Canucks on Red Lounge TV 7:00 Group Crossword Puzzle (1)
11:00 Hymn Sing 11 1:30 Afternoon Movie 2:00 Floor Curling (1) 7:00 Piano Sing-A-Long with Eissa (1)	10:00 Exercise Group 12 10:00 Baking with Laura (L) 11:00 Rosary 2:00 Chocolate Bar Bingo (2) 7:00 Hangman	Purple Day! 13 10:00 Resident Council (1) 11:00 Friendly/ Multisensory Visits (T) 2:00 Outing: Pet Store 2:00 Dancing Feet (2) 7:00 Sing-A-Long	11:00 Exercise Group 14 2:00 Resident Birthday Party with John Stanley (1) 2:00 Pamper and Polish (T) 7:00 Word Games	10:00 Seated Stretches 15 12:30 Meal Club: Chinese Food 2:00 Travelling Library Cart 3:00 Exercise Group with Physio 7:00 Fact or Fiction Trivia	10:00 Java Time 16 11:00 Multisensory Visits 2:00 Y&R Outing 2:00 Bowling (2) 7:00 Wine Tasting (1)	11:00 Prayer Circle 17 2:00 Tunes with Tots (1) 7:00 Leafs vs. Jets on Red Lounge TV 7:00 Group Crossword Puzzle (2)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00 Hymn Sing 18 1:30 Afternoon Movie 2:00 Bocce Ball (1) 3:00 Travelling Bird Visits 7:00 Fact or Fiction Trivia	10:00 Exercise Group 19 11:00 Rosary 2:00 Prize Bingo (2) 7:00 Hangman	11:00 Views of the Day 20 2:00 Outing: Bowling at Splitsville 2:00 Dancing Feet (2) 3:30 Cooking Club with Jessica (L) 7:00 Trivia Night (1)	Cultural Wear Day 21 11:00 Balloon Tennis 2:00 Foods of the World (1) 3:30 Cooking Club with Jessica (L) 7:00 Finish the lines/lyrics	10:00 Seated Stretches 22 2:00 Travelling Library Cart 2:00 Prize Bingo (1) 3:00 Exercise Group with Physio 7:00 Rock N Bowl (2)	10:00 Prize Bingo 23 (1) 11:00 Multisensory Visits 2:00 Outing: Shopping at Giant Tiger 2:00 Bocce Ball (1) 7:00 Pub Night with Paula French (1)	11:00 Prayer Circle 24 2:00 Chocolate Bar Bingo (2) 7:00 Canadiens vs. Bruins on Red Lounge TV 7:00 Group Crossword Puzzle (1)
Tartan & Plaid Day 25 11:00 Hymn Sing 1:30 Afternoon Movie 2:00 Robbie Burns Day Sing-A-Long (1) 7:00 Robbie Burns Trivia	10:00 Exercise Group 26 11:00 Rosary 2:00 Chocolate Bar Bingo (2) 7:00 Hangman	11:00 Views of the Day 27 12:00 Lunch at Harvey's 2:00 Dancing Feet (2) 2:00 Divine Mercy (1) 7:00 Sing-A-Long	10:00 Catholic Mass (1) 28 11:00 Exercise Group 2:00 Pamper and Polish 2:00 Horse Races (1) 6:30 Spiritual Sessions with Mountain Ministries (1)	Cozy Day! 29 10:00 Seated Stretches 2:00 Travelling Library Cart 2:00 Chocolate Bar Bingo (1) 3:00 Exercise Group with Physio 7:00 Fact or Fiction Trivia	10:00 Java Music Club 30 11:00 Multisensory Visits 2:00 Bowling (2) 7:00 Brain Games (1)	11:00 Prayer Circle 31 2:00 Chocolate Bar Bingo (1) 7:00 Leafs vs. Canucks on Red Lounge TV 7:00 Group Crossword Puzzle (2)

**All programs are subject to change
and will be posted on the recreation boards.**

**To sign up for outings please contact
Miranda Gamelin, Programs Manager at ext.112**