



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Hymn Sing 2:00 Bocce Ball (1) 3:00 Travelling Bird Visits 7:00 Fact or Fiction Trivia (1)	10:00 Exercise Group 11:00 Rosary 2:00 Prize Bingo (2) 2:00 Cooking Club: Planning! 7:00 Hangman	10:00 Views of the Day 2:00 Dancing Feet (2) 2:00 Outing: Shopping at Dollar Store 7:00 Black History Trivia Night (1)	10:00 Balloon Tennis 2:00 Pamper and Polish 2:00 Horse Races (1) 7:00 Finish the lines/lyrics	10:00 Exercise Group with Physio 11:00 Java Music Club 2:00 Travelling Library Cart 2:00 Prize Bingo (1) 7:00 Gratitude Snowflake Craft (1)	<b>Team Canada Day!</b> 10:00 Prize Bingo (2nd FL) 11:00 Multisensory Visits 2:00 Valentine's Day Craft 2:00 Olympics Opening Ceremony Watch Party (1) 7:00 Board Game Night (1)	10:00 Prayer Circle 2:00 Chocolate Bar Bingo (2) 7:00 Group Crossword Puzzle (1) 7:00 Olympic Curling on Rey's Oasis TV
<b>Jersey Day!</b> 10:00 Hymn Sing 2:00 Super Bowl Pre-Game Party! (1) 6:30 Super Bowl Watch ! 7:00 Friendly Visits	10:00 Exercise Group 10:00 Baking with Laura (LL) 11:00 Rosary 2:00 Chocolate Bar Bingo (2) 3:30 Cooking Club with Eissa! 7:00 Karaoke Sing-A-Long! (1)	10:00 Views of the Day 2:00 Dancing Feet (2) 2:00 Outing: Pet Store 2:30 Young and the Restless 7:00 Hangman	10:00 Olympic Exercises 2:00 Pamper and Polish 2:00 Lunar New Year Craft (LL) 2:00 Olympic Bobsled Races (1) 6:00 Group Crossword Puzzle	10:00 Exercise Group with Physio 11:00 Java Time 12:00 Sweetheart Lunch (1) 2:00 Travelling Library Cart 2:00 Chocolate Bar Bingo (1) 7:00 Fact or Fiction Trivia	<b>Red and Pink for Valentine's Day!</b> 10:00 Seated Stretches 11:00 Multisensory Visits 2:00 Floor Curling 2:00 Outing to Gage Park Greenhouse 7:00 Valentine's Day Pub with Aidan Purnell (1)	<b>Red and Pink for Valentine's Day!</b> 10:00 Prayer Circle 2:00 Valentine's Day Tea social (1) 7:00 Group Crossword Puzzle (1) 7:00 Olympics: Men's Large Hill Skiing on Rey's Oasis TV
10:00 Sunday Service (1) 2:00 Floor Curling Match! 3:00 Travelling Bird Visits	10:00 Exercise Group 11:00 Rosary 2:00 Prize Bingo (2) 3:30 Cooking Club with Eissa! 7:00 Hangman	<b>Red &amp; Gold Day!</b> 10:00 Views of the Day 2:00 Dancing Feet (2) <b>2:00 Trivia &amp; Virtual Travel to Asia (1)</b> 2:00 Community Outing: Bowling 7:00 Rock N' Bowl! (1)	10:00 Balloon Tennis 2:00 Birthday Party with Dave Theiry! (1) 3:00 Multisensory Visits 7:00 Finish the lines/lyrics	10:00 Exercise Group with Physio 11:00 Java Music Club 2:00 Travelling Library Cart 2:00 Floor Curling Tournament NH vs RH (LL RH) 6:45 Prize Bingo (1)	<b>Red, Green &amp; Yellow Day!</b> 10:00 Prize Bingo 11:00 Multisensory Visits 2:00 Wii Olympics Sports! (1) 2:00 Baking with Ashleigh (LL) 7:00 Wine Tasting (1)	10:00 Prayer Circle 2:00 Tunes with Tots 7:00 Group Crossword Puzzle (1) 7:15 Olympics: Men's Hockey on Rey's Oasis TV



# February 2026

## 1st Floor Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Hymn Sing <b>22</b> 2:00 Bocce Ball (1) 7:00 Evening Sunday Service (1)	10:00 Exercise Group <b>23</b> 11:00 Rosary 2:00 Chocolate Bar Bingo (2) 7:00 Hangman	10:00 Views of the Day <b>24</b> 2:00 Coffee at Wendys 2:00 AIM Dancing Feet (2) 2:30 Young and the Restless 7:00 Sing-A-Long	10:00 Catholic Mass (1) <b>25</b> 11:00 Olympic Exercises 2:00 Pamper and Polish 2:00 Horse Races (1) 6:30 Spiritual Sessions with Mountain Ministries (RO)	<b>Rainbow for Rec Therapy! 26</b> 10:00 Java Time (RO) 10:00 Exercise Group with Physio 2:00 Travelling Library Cart 2:00 Chocolate Bar Bingo (1) 7:00 Recreation Therapy Fact or Fiction Trivia	10:00 Seated Stretches <b>27</b> 11:00 Multisensory Visits 2:00 Floor Curling (1) 7:00 Billiards & Games Night! (1)	10:00 Prayer Circle <b>28</b> 2:00 Chocolate Bar Bingo (1) 7:00 Group Crossword Puzzle (1) 7:00 Leafs vs. Ottawa Senators Rey's Oasis TV 7:00 Leafs vs. Ottawa Senators Rey's Oasis TV

**Location Legend:**  
1 = 1st Floor  
2 = 2nd Floor  
L = Lower Level  
T = Travelling

*For specific locations & any program changes please check daily boards*

**All programs are subject to change  
and will be posted on the recreation boards.**

**To sign up for outings please contact  
Miranda Gamelin, Programs Manager at ext.112**

