



# February 2026

## Retirement Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Bird Cage Care (Staff) <b>1</b> 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) 1:45 Hymn Sing (3) <b>6:45 Cornerstone Church Service (M)</b>	10:45 Movement Matters VON (L) <b>2</b> <b>2:00 Birthday Party with Jeff Dawdy (M)</b> 3:30 Hymn Sing (3)	10:45 Movement Matters VON (L) <b>3</b> 2:00 Chocolate Bar Bingo (3) 3:30 Virtual Cycling Exercises (L) 7:00 Sing-a-long (L)	1:30 Movie Matinee: Pillow Talk (L) <b>4</b> 1:45 Card Games (M) 3:00 Friendly Visits 7:00 Bingo (L)	10:30 Java Music Club (L) <b>5</b> 1:45 3rd Floor Balloon Badminton (3) 3:30 Seated Yoga (L)	Team Canada Day! <b>6</b> <b>10:00 -3:00 pm Vendor: Valentine Baskets by M+M</b> 10:45 Movement Matters VON (L) <b>12:30 Virtual Tour of China Gift Shop (L)</b> <b>2:00 Virtual Tour of China with Kevin Lee (L)</b> 3:30 Glamour Circle (M) 7:00 Olympics Opening Ceremony Watch Party! (L)	10:00 You Be The Judge (M) <b>7</b> <b>10:00 - 3:00pm Vendors: Hyacinth &amp; M+M (M)</b> 11:00 3rd Floor Fun & Fitness (3) 1:45 Bobsled Races (L) 3:30 Teas of the World (M)
Jersey Day! <b>8</b> 9:30 Pet Visits & Bird Cage Cleaning (M) 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) 1:45 Olympic Exercises (L) 3:30 Chicken Soup for the Soul Short Stories (M)	10:00 Card Making with Lillian (M) <b>9</b> 10:45 Movement Matters VON (L) 1:45 Bingo (L) 3:30 Java Time (3)	10:45 Movement Matters VON (L) <b>10</b> 2:00 Chocolate Bar Bingo (3) 3:30 Olympic Cycling (L) 7:00 Black History Month Trivia (M)	10:00 Brain Games (M) <b>11</b> 11:00 Glamour Circle (3) 1:30 Movie Matinee: Lee Daniels' The Butler (L) <b>1:45 Happy Hour (M)</b> 3:00 Friendly Visits	<b>10:00 Outing: Shopper's Drug Mart 12</b> 1:45 3rd Floor Bean Bag Toss (3) 3:30 Olympic Exercises (L) 7:00 You Be the Judge (M)	Red and Pink for Valentine's Day! <b>13</b> 10:45 Movement Matters VON (L) 1:45 Bingo (L) 3:30 Glamour Circle (M) <b>7:00 Valentines Pub Night with Synchronicity (M)</b>	Red and Pink for Valentine's Day! <b>14</b> 10:00 Fun With Words (M) 11:00 Sing-a-Long (3) <u>2:00 Valentines Tea Social (M).</u>
9:30 Bird Cage Care (Staff) <b>15</b> 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) 1:45 Hymn Sing (3) <b>6:45 Cornerstone Church Service (M)</b>	10:45 Movement Matters VON (L) <b>16</b> 2:00 Chocolate Bar Bingo (3) 3:30 Olympic Wii Sports (L)	Red & Gold Day! <b>17</b> 9:45 Java Time (3) 10:45 Movement Matters VON (L) 1:45 Olympic Shoot-to-Win Hockey (L) 3:30 Lunar New Year Trivia & Tea (M)	<b>1:30 Resident Council &amp; Food Committee (L) 18</b> 1:30 Movie Matinee: The Big Wedding (L) 1:45 Fireside News and Current Events (M) 3:00 Friendly Visits 7:00 Billiards Night (L)	<b>10:00 Outing: Dollarama 19</b> 10:30 Java Music Club (L) 2:00 Floor Curling Tournament NH vs RH (LL RH) 3:30 Seated Yoga (L)	Red, Green & Yellow Day! <b>20</b> 10:45 Movement Matters VON (L) 1:45 Bingo (L) 3:30 Glamour Circle (M) <b>7:00 Entertainment with Vili V. (M)</b>	10:00 NYT Games & Crosswords (L) <b>21</b> 11:00 3rd Floor Fun & Fitness (3) 1:45 Bobsled Races (L) 3:30 Teas of the World (M)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Pet Visits & Bird Cage Cleaning (M) <b>22</b> 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) 2:00 Olympics Closing Ceremony Party (L) 3:30 Chicken Soup for the Soul Short Stories (M)	10:45 Movement Matters VON (L) <b>23</b> 1:45 Bingo (L) <b>2:00 Wellington Olympics Closing Ceremonies! (M)</b> 3:30 Sing-a-Long (3)	10:45 Movement Matters VON (L) <b>24</b> 2:00 Chocolate Bar Bingo (3) 3:30 Baking: Brownies! (NH Lower Level) 7:00 Board Games Night (M)	10:00 Brain Games (M) <b>25</b> 11:00 Glamour Circle (3) 1:30 Movie Matinee: Ever After (L) 1:45 Dinner Party Club: Planning (M) 3:00 Friendly Visits	Rainbow for Rec Therapy! <b>26</b> <b>10:00 Outing: Giant Tiger</b> 1:45 3rd Floor Bean Bag Toss (3) 3:30 Seated Yoga (L) 7:00 You Be the Judge (M)	10:45 Movement Matters VON (L) <b>27</b> 1:45 Bingo (L) 3:30 Glamour Circle (M) <b>7:00 Entertainment with Paula French (M)</b>	10:00 You Be The Judge (M) <b>28</b> 11:00 Sing-a-Long (3) 1:45 Horse Races (L) 3:30 Teas of the World (M)
		<p><b>All programs are subject to change and will be posted on the recreation boards.</b></p> <p><b>Please sign up for outings at Reception or contact Recreation at x117</b></p>				