

February 2026

Retirement Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Bird Cage Care (Staff) 1 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) 1:45 Hymn Sing (3) 6:45 Cornerstone Church Service (M)	10:45 Movement Matters VON 2 2:00 Birthday Party with Jeff Dawdy (M) 3:30 Hymn Sing (3)	10:45 Movement Matters VON 3 2:00 Chocolate Bar Bingo (3) 3:30 Virtual Cycling Exercises (L) 7:00 Sing-a-long (L)	1:30 Movie Matinee: Pillow Talk (L) 1:45 Card Games (M) 3:00 Friendly Visits 7:00 Bingo (L)	10:30 Java Music Club (L) 1:45 3rd Floor Balloon Badminton (3) 3:30 Seated Yoga (L)	10:00 -3:00 pm Vendor: Valentine Baskets by M+M 10:45 Movement Matters VON (L) 12:30 Virtual Tour of China Gift Shop (L) 2:00 Virtual Tour of China with Kevin Lee (L) 3:30 Glamour Circle (M) 7:00 Olympics Opening Ceremony Watch Party! (L)	10:00 You Be The Judge (M) 10:00 - 3:00pm Vendors: Hyacinth & M+M (M) 11:00 3rd Floor Fun & Fitness (3) 1:45 Bobsled Races (L) 3:30 Teas of the World (M)
Jersey Day! 9:30 Pet Visits & Bird Cage Cleaning (M) 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) 1:45 Olympic Exercises (L) 3:30 Chicken Soup for the Soul Short Stories (M)	10:00 Card Making with Lillian (M) 10:45 Movement Matters VON (L) 1:45 Bingo (L) 3:30 Java Time (3)	10:45 Movement Matters VON 10 2:00 Chocolate Bar Bingo (3) 3:30 Olympic Cycling (L) 7:00 Black History Month Trivia (M)	10:00 Brain Games 11 (M) 11:00 Glamour Circle (3) 1:30 Movie Matinee: Lee Daniels' The Butler (L) 1:45 Happy Hour (M) 3:00 Friendly Visits	10:00 Outing: Shopper's Drug Mart 1:45 3rd Floor Bean Bag Toss (3) 3:30 Olympic Exercises (L) 7:00 You Be the Judge (M)	Red and Pink for Valentine's Day! 10:45 Movement Matters VON (L) 1:45 Bingo (L) 3:30 Glamour Circle (M) 7:00 Valentines Pub Night with Synchronicity (M)	Red and Pink for Valentine's Day! 10:00 Fun With Words (M) 11:00 Sing-a-Long (3) 2:00 Valentines Tea Social (M)
9:30 Bird Cage Care (Staff) 15 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) 1:45 Hymn Sing (3) 6:45 Cornerstone Church Service (M)	10:45 Movement Matters VON 16 2:00 Chocolate Bar Bingo (3) 3:30 Olympic Wii Sports (L)	Red & Gold Day! 9:45 Java Time (3) 10:45 Movement Matters VON (L) 1:45 Olympic Shoot-to-Win Hockey (L) 3:30 Lunar New Year Trivia & Tea (M)	1:30 Resident Council & Food Committee (L) 1:30 Movie Matinee: The Big Wedding (L) 1:45 Fireside News and Current Events (M) 3:00 Friendly Visits 7:00 Billiards Night (L)	10:00 Outing: Dollarama 10:30 Java Music Club (L) 2:00 Floor Curling Tournament NH vs RH (LL RH) 3:30 Seated Yoga (L)	Red, Green & Yellow Day! 10:45 Movement Matters VON (L) 1:45 Bingo (L) 3:30 Glamour Circle (M) 7:00 Entertainment with Vili V. (M)	10:00 NYT Games & Crosswords (L) 11:00 3rd Floor Fun & Fitness (3) 1:45 Bobsled Races (L) 3:30 Teas of the World (M)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Pet Visits & 22 Bird Cage Cleaning (M) 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) 2:00 Olympics Closing Ceremony Party (L) 3:30 Chicken Soup for the Soul Short Stories (M)	10:45 Movement Matters VON (L) 1:45 Bingo (L) 2:00 Wellington Olympics Closing Ceremonies! (M) 3:30 Sing-a-Long (3)	10:45 Movement Matters VON (L) 2:00 Chocolate Bar Bingo (3) 3:30 Baking: Brownies! (NH Lower Level) 7:00 Board Games Night (M)	10:00 Brain Games (M) 25 11:00 Glamour Circle (3) 1:30 Movie Matinee: Ever After (L) 1:45 Dinner Party Club: Planning (M) 3:00 Friendly Visits	Rainbow for Rec Therapy! 10:00 Outing: Giant Tiger 1:45 3rd Floor Bean Bag Toss (3) 3:30 Seated Yoga (L) 7:00 You Be the Judge (M)	10:45 Movement Matters VON (L) 1:45 Bingo (L) 3:30 Glamour Circle (M) 7:00 Entertainment with Paula French (M)	10:00 You Be The 28 Judge (M) 11:00 Sing-a-Long (3) 1:45 Horse Races (L) 3:30 Teas of the World (M)

All programs are subject to change and will be posted on the recreation boards.

Please sign up for outings at Reception or contact Recreation at x117

happy
BLACK
history month