March 2026

1st Floor Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Hymn Sing 2:00 Bocce Ball 3:00 Travelling Bird Visits	**2** 10:00 Exercise Group 10:00 Baking with Leanne 11:00 Rosary 2:00 Prize Bingo (2) 3:00 Cooking Club with Miko: Planning 7:00 Hangman	**3** 10:00 Views of the Day 2:00 Group Crossword Puzzle **2:00 Community Outing: Coffee at Wendy's** 2:00 Dancing Feet 7:00 Trivia Night	**4** **Holi Tie Dye Day!** 10:00 Java Music Club 11:00 Multisensory Visits 2:00 Holi Virtual Travel to India 7:00 Finish the lines/lyrics	**5** 10:00 Exercise Group with Physio 11:00 Travelling Library Cart **2:00 Coffee with MP Lisa Hepfner (M)** 7:00 Inspiration and Gratitude Circle	**6** 10:00 Prize Bingo 2:00 Fountains of Uke 3:00 Friendly/ Multisensory Visits 7:00 Rock N' Bowl (1)	**7** 10:00 Prayer Circle 2:00 Chocolate Bar Bingo 7:00 Leafs vs. Lightning Rey's Oasis TV
8 **Purple Day!** 2:00 Floor Curling (1) 7:00 Hymn Sing	**9** **Purple Day!** 10:00 Exercise Group 11:00 Rosary 2:00 Chocolate Bar Bingo (2) 3:00 Craft with Ashleigh ! 7:00 Hangman	**10** 10:00 Resident Council **12:00 Community Outing: Lunch at Harvey's** 2:00 Dancing Feet (2) 2:00 Group Crossword Puzzle 7:00 Name that Tune	**11** 10:00 Baking with Laura 10:00 RC Communion (1) 2:00 Pamper and Polish 2:00 Horse Races (1) 7:00 Word Games	**12** 10:00 Exercise Group with Physio 11:00 Multisensory Visits 2:00 Travelling Library Cart 2:00 Chocolate Bar Bingo (1) 7:00 Fact or Fiction Trivia	**13** 10:00 Seated Stretches **10:00 Y&R Outing: Mall Walk & Lunch** 2:00 Fountains of Uke 3:00 Bowling **7:00 Pub Night with Paula French!**	**14** 10:00 Prayer Circle 2:00 Chocolate Bar Bingo (1) 7:00 Leafs vs. Sabres Rey's Oasis TV
15 10:30 Sunday Service 2:00 Bocce Ball (1) 3:00 Travelling Bird Visits	**16** 10:00 Exercise Group 11:00 Rosary 2:00 Prize Bingo (2) 3:30 Cooking Club with Miko! 7:00 Hangman	**17** **Shamrock Day!** 10:00 Views of the Day **2:00 St. Patrick's Day Party with The Good Time Guys (1)** 7:00 Beer Pong	**18** 10:00 Baking with Archi! 10:00 Java Music Club 2:00 Horse Races (1) **2:00 Outing: Gage Park Greenhouse** 3:00 Pamper and Polish 7:00 Finish the lines/lyrics	**19** 10:00 Exercise Group with Physio 11:00 Travelling Library Cart 2:00 Prize Bingo (1) 3:00 The Calm Canvas with Bibin 7:00 Inspiration and Gratitude Circle	**20** **Green, White & Gold Day!** 10:00 Prize Bingo 2:00 Bowling 3:00 The Calm Canvas with Bibin 7:00 Karaoke Sing-A-Long! (1)	**21** **Floral Day!** 10:00 Prayer Circle 2:00 Tune with Tots 7:00 Leafs vs. Ottawa Senators Rey's Oasis TV

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 **Floral Day!** 2:00 Floor Curling (1) 7:00 Hymn Sing	**23** **Floral Day!** 10:00 Exercise Group 11:00 Rosary 12:00 Meal Club: Popeyes 2:30 Chocolate Bar Bingo (2) 7:00 Hangman	**24** 10:00 Views of the Day 2:00 Dancing Feet (2) 2:00 Divine Mercy **2:00 Community Outing: Bowling** 3:30 Cooking Club with Miko! 7:00 Sing-A-Long	**25** **10:00 Catholic Mass** 10:30 Java Music Club **2:00 Birthday Party with Zach E.** 3:00 Travelling Library Cart 6:30 Spiritual Sessions with Mountain Ministries (1)	**26** 10:00 Exercise Group with Physio **10:00 Spring Plant, Craft & Bake Sale (M)** 2:00 Chocolate Bar Bingo (1) 3:00 The Calm Canvas with Bibin 7:00 Fact or Fiction Trivia	**27** **10:00 Shopping at Walmart & Lunch** 10:00 Bowling 11:00 Multisensory Visits 2:00 Fountains of Uke 3:00 The Calm Canvas with Bibin **7:00 Wine Tasting (1)**	**28** 10:00 Prayer Circle 2:00 Chocolate Bar Bingo (1) 7:00 Leafs vs. Blues Rey's Oasis TV
29 2:00 Bocce Ball (1) 3:00 Travelling Bird Visits 7:00 Hymn Sing	**30** 10:00 Exercise Group 11:00 Rosary 2:00 Prize Bingo (2) 7:00 Hangman	**31** **Stripes Day!** 10:00 Views of the Day 2:00 Dancing Feet (2) 2:00 Group Crossword Puzzle **2:00 Community Outing: Coffee at Wendy's** 7:00 Trivia Night (1)				

Location Legend:
1 = 1st Floor
2 = 2nd Floor
M = Main Lobby Retirement Home

Location changes will be posted on the Recreation boards

All programs are subject to change and will be posted on the Recreation boards.

To sign up for outings please contact Miranda Gamelin, Programs Manager at ext.112