March 2026

Retirement Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) 1:45 Hymn Sing (3) 3:30 Seated Yoga (L) **6:45 Cornerstone Church Service (M)**	**2** 10:45 Movement Matters VON (L) 1:45 3rd Floor Balloon Badminton (3) 3:30 Hymn Sing (L)	**3** 10:45 Movement Matters VON (L) 2:00 Chocolate Bar Bingo (3) 3:30 Virtual Cycling Exercises (L) 7:00 Sing-a-long (L)	**4** **Holi Tie Dye Day!** 1:30 Movie Matinee: Funny Face (3) 1:45 Holi Virtual Travel to India (L) 3:30 Seated Yoga (L) 7:00 Bingo (L)	**5** **10:00 Outing: Shopping at Walmart** 10:30 Java Music Club (3) **2:00 Coffee with MP Lisa Hepfner (M)** 3:30 Seated Yoga (L)	**6** 10:45 Movement Matters VON (L) 1:45 Bingo (L) 2:00 Fountains of Uke (3) 3:30 Glamour Circle (M) **7:00 Rwandan Dance Demonstration with Ingrid (M)**	**7** 10:00 Fun With Words (M) 11:00 3rd Floor Fun & Fitness (3) 1:45 Horse Races (L) 3:30 Teas of the World (M)
8 **Purple Day!** 9:30 Pet Visits with Peachy (M) 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) 1:45 Chicken Soup for the Soul Short Stories (M) 3:30 3rd Floor Bean Bag Toss (3)	**9** **Purple Day!** 10:45 Movement Matters VON (L) 1:45 Bingo (L) 3:30 Wii Bowling (L)	**10** 10:45 Movement Matters VON (L) 2:00 Chocolate Bar Bingo (3) 3:30 Indoor Curling (L) 7:00 Board Games Night (M)	**11** 10:00 Brain Games (M) **10:00 RC Communion (1st Floor NH Lounge)** 11:00 Glamour Circle (3) 1:30 Movie Matinee: Secretariat (L) 1:45 Baking with Lillian (NH Lower Level) 3:30 Seated Yoga (L)	**12** **10:00 Outing: Shopper's Drug Mart** 1:45 Whispers of Nature with Ingrid (L) 3:30 Seated Yoga (L) 7:00 You Be the Judge (M)	**13** 10:45 Movement Matters VON (L) 1:45 Bingo (L) 2:00 Fountains of Uke (3) 3:30 Whispers of Nature with Ingrid (L) **7:00 Entertainment with Bob Reid (M)**	**14** 10:00 NYT Games & Crosswords (L) 11:00 Sing-a-Long (3) 1:45 Horse Races (L) 3:30 Teas of the World (M)
15 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) 1:45 Hymn Sing (3) 3:30 Seated Yoga (L) **6:45 Cornerstone Church Service (M)**	**16** 10:45 Movement Matters VON (L) 1:45 3rd Floor Bean Bag Toss (3) 3:30 News and Current Events (M)	**17** **Shamrock Day!** 10:45 Movement Matters VON (L) 2:00 Chocolate Bar Bingo (3) 3:30 Virtual Cycling Exercises (L) **7:00 St. Patrick's Day Pub Night with Jeff Dawdy (M)**	**18** **1:30 Resident Council & Food Committee (L)** 1:45 Balloon Badminton (3) 3:30 Seated Yoga (L) 5:00 Meal Club: Harvey's (M) 7:00 Bingo (L)	**19** **10:00 Community Outing: Gage Park Greenhouse** 10:30 Java Music Club (L) 1:45 Whispers of Nature with Ingrid (L) 3:30 Seated Yoga (L)	**20** **Green, White & Gold Day!** 10:45 Movement Matters VON (L) 1:45 Bingo (L) 3:30 Whispers of Nature with Ingrid (L) **7:00 Entertainment with Alfonso Spoto (M)**	**21** **Floral Day!** 10:00 You Be The Judge (M) 11:00 3rd Floor Fun & Fitness (3) 1:45 Horse Races (L) 3:30 Teas of the World (M)

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22 **Floral Day!** 9:30 Pet Visits with Peachy (M) 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) 1:45 Chicken Soup for the Soul Short Stories (M) 3:30 3rd Floor Balloon Badminton (3)	**23** **Floral Day!** 10:00 Dinner Party Planning (M) 10:45 Movement Matters VON (L) 1:45 Bingo (L) 3:30 Sing-a-Long (3)	**24** 10:45 Movement Matters VON (L) 1:45 Chocolate Bar Bingo (3) 3:00 Craft: Dinner Party Decorations (M) 7:00 Sing-a-long (L)	**25** 10:00 Brain Games (M) **10:00 Catholic Mass (1st Floor NH Lounge)** 11:00 Glamour Circle (3) 1:30 Movie Matinee: Driving Miss Daisy (L) 1:45 Finishing the Lines/Lyrics (3) 3:30 Seated Yoga (L)	**26** **10:00 Spring Plant, Craft & Bake Sale (M)** 1:30 Movie Matinee: Singing in the Rain (L) 3:30 Seated Yoga (L)	**27** 10:45 Movement Matters VON (L) 1:45 Bingo (L) 2:00 Fountains of Uke (3) 3:30 Glamour Circle (M) **7:00 Entertainment with Zack Erikson (M)**	**28** **10:00 Tunes with Tots (M)** 1:45 Horse Races (L) 3:30 Teas of the World (M)
29 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) 1:45 Hymn Sing (3) 3:30 Seated Yoga (L)	**30** 10:45 Movement Matters VON (L) **2:00 Birthday Party with John Staley (M)** 3:30 3rd Floor Bola Ball (3)	**31** **Stripes Day!** 10:45 Movement Matters VON (L) 2:00 Chocolate Bar Bingo (3) 3:30 Virtual Cycling Exercises (L) **7:00 Happy Hour (M)**				

Location Legend:

L = Lower Level
M = Main Lobby
3 = Third Floor
1/2 = First & Second Floor Room to Room

All programs are subject to change and will be posted on the recreation boards.

To sign up for outings please contact Miranda Gamelin, Programs Manager at ext.112