



# April 2026



## Retirement Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Location Legend:</b>  <b>L = Lower Level</b> <b>M = Main Lobby</b> <b>3 = Third Floor</b> <b>1/2 = Room-to-room</b>			10:00 Uno & Coffee (M) <b>1</b> 1:30 Movie Matinee: Easter Parade (L) <b>1:45 Outing: Walmart</b> 2:00 Bean Bag Toss (3) 3:30 Seated Yoga (L) 7:00 Bingo (L)	10:30 Java Music Club <b>2</b> (L) 1:45 3rd Floor Balloon Badminton (3) <b>2:00 Coffee with Lisa</b> <b>Hepfner-RH</b> <b>Lobby</b> 3:30 Seated Yoga (L)	<b>Pastel Day 3</b> 10:45 Movement Matters VON (L) 1:45 Bingo (L) 3:30 Glamour Circle (M) 7:00 Inspiration and Gratitude Circle (M)	<b>Pastel Day 4</b> <b>10:30 Easter Egg</b> <b>Hunt! (Lower</b> <b>Level Patio)</b> 1:45 Horse Races (L) 3:30 Teas of the World (M)
<b>Sunday Best 5</b> 9:30 Pet Visits & Bird Cage Cleaning (M) 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) 1:45 Chicken Soup for the Soul Short Stories (M) 3:30 Sing-a-Long (3)	10:00 Uno & Coffee (3) <b>6</b> 10:45 Movement Matters VON (L) 1:45 Bingo (L) 3:30 Java Time (3)	10:45 Movement <b>7</b> Matters VON (L) 1:30 Movie Matinee: The Tourist (L) 2:00 Chocolate Bar Bingo (3) 3:30 Virtual Cycling Exercises (L) 7:00 Guess the Song (M)	<b>Animal Print Day 8</b> 10:00 Brain Games (M) <b>10:00 Outing: Dollarama</b> 10:00 RC Communion (1) 11:00 Glamour Circle (3) 2:00 Seated Yoga (L) <b>3:00 Little Tracks</b> <b>Petting Zoo (M)</b>	1:45 3rd Floor Bean <b>9</b> Bag Toss (3) 3:30 Seated Yoga (L) 7:00 You Be the Judge (M)	10:45 Movement <b>10</b> Matters VON (L) 1:45 Bingo (L) 3:30 Glamour Circle (M) <b>7:00 Entertainment</b> <b>with Peter</b> <b>Marangi (M)</b>	10:00 You Be The <b>11</b> Judge (M) 11:00 Sing-a-Long (3) 1:45 Horse Races (L) 3:30 Teas of the World (M)
10:30 Hour of <b>12</b> Worship (L) 11:00 Friendly Visits (1/2) 1:45 Hymn Sing (3) 3:30 Seated Yoga (L) <b>6:45 Cornerstone</b> <b>Church Service</b> <b>(M)</b>	10:45 Movement <b>13</b> Matters VON (L) 1:45 Bingo (L) 3:30 Paint & Sip with Alexia (L)	10:45 Movement <b>14</b> Matters VON (L) 1:45 Dinner Party Craft (M) 3:30 Chocolate Bar Bingo (3) 7:00 Sing-a-long (L)	9:45 You Be the <b>15</b> Judge (M) <b>10:30 Outing: Fortino's</b> <b>&amp; Lunch</b> 1:30 Movie Matinee: City Slickers (L) 3:00 Dinner Party Craft (M) 3:30 Seated Yoga (L)	1:45 Sing-a-Long (3) <b>16</b> 3:30 Seated Yoga (L) <b>7:00 Entertainment</b> <b>with Escapade</b> <b>(M)</b>	<b>Rock and Roll Day 17</b> 10:45 Movement Matters VON (L) 1:45 Bingo (L) 3:30 Glamour Circle (M) <b>7:00 Pub Night with</b> <b>Aidan Purnell (M)</b>	10:00 Fun With <b>18</b> Words (M) 11:00 Balloon Badminton (3) 1:45 Horse Races (L) 3:30 Teas of the World (M)

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<p>9:30 Pet Visits &amp; Bird Cage Cleaning (M) <b>19</b></p> <p>10:30 Hour of Worship (L)</p> <p>11:00 Friendly Visits (1/2)</p> <p>1:45 Chicken Soup for the Soul Short Stories (M)</p>	<p>10:00 Wordle Word Games (L) <b>20</b></p> <p>10:45 Movement Matters VON (L)</p> <p>1:45 Bingo (L)</p> <p>3:30 Sing-a-Long (3)</p>	<p>10:45 Movement Matters VON (L) <b>21</b></p> <p>2:00 Chocolate Bar Bingo (3)</p> <p>3:30 Garden Strolls (L)</p> <p><b>7:00 Happy Hour (M)</b></p>	<p>10:00 Brain Games (M) <b>22</b></p> <p><b>10:00 Catholic Mass (1st Floor NH Lounge)</b></p> <p>11:00 Glamour Circle (3)</p> <p><b>1:30 Resident Council &amp; Food Committee (L)</b></p> <p>2:00 3rd Floor Bean Bag Toss (3)</p> <p>3:30 Grower's Corner &amp; Garden Strolls (L)</p>	<p><b>10:00 Art Class with Susan (L) 23</b></p> <p>1:30 Movie Matinee: The Bucket List (L)</p> <p><b>1:45 Outing: Shoppers Drug Mart</b></p> <p>7:00 You Be the Judge (M)</p>	<p>10:45 Movement Matters VON (L) <b>24</b></p> <p>1:45 Bingo (L)</p> <p>3:30 Glamour Circle (M)</p> <p><b>7:00 Entertainment with Paula French (M)</b></p>	<p><b>10:00 Tunes with Tots (M) 25</b></p> <p>1:45 Horse Races (L)</p> <p>3:30 Teas of the World (M)</p>
<p>10:30 Hour of Worship (L) <b>26</b></p> <p>11:00 Friendly Visits (1/2)</p> <p>1:45 Hymn Sing (3)</p> <p>3:30 Seated Yoga (L)</p> <p><b>6:45 Cornerstone Church Service (M)</b></p>	<p>10:45 Movement Matters VON (L) <b>27</b></p> <p><b>2:00 Birthday Party with Synchronicity (M)</b></p> <p>3:30 Shoot-to-Win Basketball (3)</p>	<p><b>Pattern day! 28</b></p> <p>10:45 Movement Matters VON (L)</p> <p>1:45 Travelogue: Tanzania (L)</p> <p>2:00 Chocolate Bar Bingo (3)</p> <p>3:30 Virtual Cycling Exercises (L)</p> <p>7:00 Sing-a-long (L)</p>	<p>1:30 Movie Matinee: The Band Wagon (L) <b>29</b></p> <p><b>1:45 Outing: Value Village</b></p> <p><b>5:00 Meal Club: Golden Fish &amp; Chips (M)</b></p> <p>7:00 Bingo (L)</p>	<p>10:30 Java Music Club (L) <b>30</b></p> <p>1:45 3rd Floor Balloon Badminton (3)</p> <p>3:30 Seated Yoga (L)</p>	<p><b>Location Legend:</b></p> <p><b>L = Lower Level</b></p> <p><b>M = Main Lobby</b></p> <p><b>3 = Third Floor</b></p> <p><b>1/2 = Room-to-room</b></p>	
<p><b>All programs are subject to change and will be posted on Recreation Boards.</b></p> <p><b>To sign up for Outings &amp; Meal Club, please sign up at Front Desk starting April 1st or call Recreation at x117.</b></p>						