

May 2026

Retirement Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Location Legend:

L = Lower Level
M = Main Lobby
3 = Third Floor
1/2 = Room-to-room



10:45 Movement Matters VON (L) **1**
1:45 Bingo (L)
3:30 Glamour Circle (M)
4:30 Outing: Dinner & Show
7:00 Entertainment with Vili V. (M)

10-2 Vendors: Baskets by M&M and Hyacinth (M) 2
10:00 You Be The Judge (M)
11:00 Balloon Badminton (3)
1:45 Horse Races (L)
3:30 Teas of the World (M)

9:30 Bird Visits (M) **3**
10:30 Hour of Worship (L)
11:00 Friendly Visits (1/2)
1:45 Chicken Soup for the Soul Short Stories (M)
3:30 Movement Matters with Recreation (L)
6:45 Cornerstone Church Service (M)

10:45 Movement Matters VON (L) **4**
2:00 Chocolate Bar Bingo (3)
3:30 Book Club (M)

Cinco de Mayo Day! 5
10:00 Trivia with St. Michael's School (M)
10:45 Movement Matters VON (L)
1:45 Bingo (L)
3:30 Java Time (3)

10:00 Brain Games (M) **6**
11:00 Outdoor Seated Yoga (L)
1:30 Movie Matinee: The Secret Garden (L)
1:45 Outing: Shopping at Walmart

1:45 3rd Floor Bean Bag Toss (3) **7**
3:30 Seated Yoga (L)
7:00 Wine Tasting (M)

Floral day! 8
10:45 Movement Matters VON (L)
1:45 Bingo (L)
3:30 Glamour Circle (M)

Floral day! 9
10:00 Fun With Words (M)
11:00 Sing-a-Long (3)
1:45 Horse Races (L)
3:30 Teas of the World (M)

Floral day! 10
10:30 Hour of Worship (L)
11:00 Friendly Visits (1/2)
1:45 Hymn Sing (3)
3:30 Seated Yoga (L)

10:45 Movement Matters VON (L) **11**
1:45 Bingo (L)
3:30 Grower's Corner (L)

10:00 Art Class with Susan! (M) **12**
10:45 Movement Matters VON (L)
1:30 Movie Matinee: Book Club (L)

1:45 Card Games (M) **13**
3:30 Seated Yoga (L)
7:00 Bingo (L)

10:30 Java Music Club (L) **14**
1:30 Movie Matinee: The First Wives Club (L)
1:45 Outing: Shopping at Giant Tiger
4:00 Seated Yoga (L)

10:45 Movement Matters VON (L) **15**
1:45 Bingo (L)
3:30 Glamour Circle (M)
7:00 Pub Night with John Staley (M)

10:00 NYT Games & Crosswords (L) **16**
11:00 Balloon Badminton (3)
1:45 Horse Races (L)
3:30 Teas of the World (M)

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9:30 Bird Visits (M) 17 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) 1:45 Chicken Soup for the Soul Short Stories (M) 3:30 Movement Matters with Recreation (L) 6:45 Cornerstone Church Service (M)	10:00 Dinner Party 18 Decorating (L) 10:45 Movement Matters VON (L) 1:45 Bingo (L) 3:30 Sing-a-Long (3)	Blue Jay Day! 19 10:45 Movement Matters VON (L) 2:00 Chocolate Bar Bingo (3) 3:30 Garden Strolls (L) 7:00 Baseball & Beer: Blue Jays vs. Yankees (L)	Blue Jay Day! 20 10:00 Cooking: Devilled Eggs (L) 1:30 Resident Council & Food Committee (L) 3:30 Seated Yoga (L)	Blue Jay Day! 21 1:45 3rd Floor Bean Bag Toss (3) 3:30 Seated Yoga (L) 5:00 Meal Club: Urban Cafe (M) 7:00 You Be the Judge (M)	Spring Colours Day! 22 10:45 Movement Matters VON (L) 1:45 Bingo (L) 5:00 Dinner Party: Spring Chicken! 7:00 Entertainment with Bob Reid (M)	10:00 You Be The Judge (M) 23 11:00 Sing-a-Long (3) 1:45 Horse Races (L) 3:30 Teas of the World (M)
10:30 Hour of Worship (L) 24 11:00 Friendly Visits (1/2) 1:45 Hymn Sing (3) 3:30 Seated Yoga (L)	10:45 Movement Matters VON (L) 25 2:00 Birthday Party with Jeff Dawdy (M) 4:00 3rd Floor Montessori Programs (3)	10:45 Movement Matters VON (L) 26 2:00 Chocolate Bar Bingo (3) 3:30 Outdoor Cycling Exercises (L) 7:00 Drinks on the Patio (L)	10:00 Outing: Shopping & Lunch at Eastgate Mall 27 1:30 Movie Matinee: The Colour Purple (L) 3:30 Seated Yoga (L)	10:30 Java Music Club (L) 28 1:45 3rd Floor Balloon Badminton (3) 3:30 Seated Yoga (L)	Favourite Character Day! 29 10:00 10-2 Book Fair! (M) 10:45 Movement Matters VON (L) 1:45 Bingo (L) 3:30 Glamour Circle (M) 7:00 Board Games Night (M)	10:00 10-2 Book Fair! (M) 30 3:30 Teas of the World (M)
9:30 Bird Visits (M) 31 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) 1:45 Chicken Soup for the Soul Short Stories (M) 3:30 Movement Matters with Recreation (L)	<p style="text-align: center;">All programs are subject to change and will be posted on Recreation Boards.</p> <p style="text-align: center;">To sign up for Outings & Meal Club, please sign up at Front Desk starting April 1st or call Recreation at x117.</p>					