




July 2026



1st Floor Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Location Legend: 1 = 1st Floor 2 = 2nd Floor M = Main Lobby Retirement Lobby</p> <p><i>Location changes will be posted on the Program boards</i></p> 			<p>Red & White Day! 1 10:00 Java Music Club 2:00 Canadian Trivia & Discussion 3:00 Pamper and Polish 7:00 Canada Day Party with Synchronicity (Main Lobby)</p>	<p>10:00 Exercise Group with Physio 2 2:00 Travelling Library Cart 2:00 Chocolate Bar Bingo (1) 7:00 You Be the Judge (M)</p>	<p>11:00 Seated Stretches 3 2:00 Bowling 2:00 Multisensory Visits 7:00 Games Night! (1)</p>	<p>10:00 Prayer Circle 4 2:00 Chocolate Bar Bingo (1) 7:00 Group Crossword Puzzle</p>
<p>10:00 Hymn Sing 5 2:00 Floor Curling (1) 7:00 Fact or Fiction Trivia (1)</p>	<p>10:00 Exercise Group 6 10:30 Outing: Scenic Drive 2:00 Prize Bingo (2) 7:00 Hangman</p>	<p>10:00 Resident Council 7 10:30 Multi-Sensory Visits 2:00 Dancing Feet (2) 7:00 Trivia Night (1)</p>	<p>Tie-Dye Day! 8 10:00 RC Communion & Rosary (1) 2:00 - 4:00 Ice Cream Truck! (M) 7:00 Word Games</p>	<p>10:00 Exercise Group with Physio 9 10:00 Java Music Club 2:00 Travelling Library Cart 2:00 Prize Bingo (1) 7:00 Inspiration and Gratitude Circle</p>	<p>10:30 Prize Bingo 10 12:30 Y&R Outing: Mall Walk & Lunch 1:30 Visit with MPP Monica Ciriello (M) 2:30 Bowling 7:00 Pub Night with Vili V</p>	<p>2:00 Prayer Circle 11 7:00 Group Crossword Puzzle</p>
<p>10:00 Hymn Sing 12 2:00 Bocce Ball (1) 7:00 Name that Tune</p>	<p>Blue & Yellow Day! 13 10:00 Exercise Group 11:00 Rosary 2:00 Chocolate Bar Bingo (2) 7:00 Karaoke Night! (1)</p>	<p>Hawaiian Shirt Day! 14 10:00 Vacation Stories 2:00 Dancing Feet: Hula Dancing (2) 7:00 Virtual Travel to Hawaii! (1)</p>	<p>Cruise Day! 15 10:00 Java Music Club 2:00 Cruise Day Entertainment with Zack Erickson! 3:00 Pamper and Polish 7:00 Movie Night: Overboard</p>	<p>Flamingo Day! 16 10:00 Exercise Group with Physio 2:00 Chocolate Bar Bingo (1) 2:00 Outing: Dollar Tree 7:00 You Be the Judge (M)</p>	<p>Beach Day! 17 10:00 Beach Volleyball 11:00 Multisensory Visits 2:00 Tiki Bowling 7:00 Beach Hangman</p>	<p>10:00 Prayer Circle 18 2:00 Chocolate Bar Bingo (1) 7:00 Group Crossword Puzzle</p>



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Soccer Jersey Day! 19 10:00 Hymn Sing 2:30 FIFA World Cup Party! (1) 7:00 Fact or Fiction Trivia (1)	Soccer Jersey Day! 20 10:00 Exercise Group 11:45 Outing: Picnic in the Park 2:00 Prize Bingo (2) 3:30 Rosary 7:00 Hangman	10:00 Views of the Day 21 10:00 Art Class with Susan (L) 12:30 Meal Club: Pita Pit 2:30 Dancing Feet (2) 7:00 Trivia Night (1)	10:00 Catholic Mass 22 2:00 Birthday Party with Susie Q! (1) 3:00 Pamper and Polish 7:00 Word Games	10:00 Exercise Group with Physio 23 12:00 BBQ Lunch! 2:00 Outing: Walmart 7:00 Inspiration and Gratitude Circle	10:30 Prize Bingo 24 11:00 Multisensor Visits 2:00 Bowling(1) 7:00 Baseball & Beer: Blue Jays vs. Red Sox	10:00 Prayer Circle 25 2:00 Chocolate Bar Bingo (2) 7:00 Group Crossword Puzzle
10:00 Hymn Sing 26 2:00 Bocce Ball (1) 7:00 Name that Tune	10:00 Exercise Group 27 11:00 Rosary 2:00 Chocolate Bar Bingo (2) 7:00 Sing-A-Long	10:00 Views of the Day 28 2:00 Dancing Feet (2) 2:00 Divine Mercy (1) 7:00 Hangman	10:00 Java Music Club 29 12:30 Outing: Lunch at Hutches 3:00 Pamper and Polish 6:30 Spiritual Sessions with Mountain Ministries (1)	Multicultural Day! 30 10:00 Exercise Group with Physio 11:00 Travelling Library Cart 2:00 Foods of the World (M) 7:00 You Be the Judge (M)	10:00 Seated Stretches 31 11:00 Multisensory Visits 2:00 Bowling 7:00 Wine Tasting (1)	



All programs are subject to change and will be posted on the Program boards.

**To sign up for outings please contact
 Miranda Gamelin, Programs Manager at ext. 117**