




# July 2026

## Retirement Recreation Calendar




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Location Legend:</b>  <b>M = Main Lobby</b>  <b>L = Lower Level</b>  <b>3 = Third Floor</b></p> <p><i>Location changes will be posted on the Program boards</i></p> 			<p><b>Red &amp; White Day! 1</b>            1:45 Canadian Singers &amp; Bands: Sing-a-long (3)            3:30 Canada Day Trivia (M)  <b>7:00 Canada Day Party with Synchronicity (Main Lobby)</b></p>	<p>1:45 Bingo (L) <b>2</b>            3:30 Seated Yoga (L)            7:00 You Be the Judge (M)</p>	<p>10:45 Movement Matters VON (L) <b>3</b>            1:30 Movie Matinee: Because I Said So (L)  <b>1:45 Community Outing: Giant Tiger</b>            3:30 Glamour Circle (M)            7:00 Board Games Night (M)</p>	<p>10:00 You Be The Judge (M) <b>4</b>            11:00 Sing-a-Long (3)            1:45 Horse Races (L)            3:30 Teas of the World (M)</p>
<p>10:30 Hour of Worship (L) <b>5</b>            11:00 Friendly Visits (1/2)            1:45 Hymn Sing (3)            3:30 Seated Yoga (L)  <b>7:00 Cornerstone Church Service (M)</b></p>	<p>10:00 Dinner Party Planning (M) <b>6</b>            10:45 Movement Matters VON (L)            1:45 Bingo (L)            3:30 Sing-a-Long (3)</p>	<p>10:45 Movement Matters VON (L) <b>7</b>            2:00 Chocolate Bar Bingo (3)            3:30 Walker's Group (M)            7:00 Name that Tune (M)</p>	<p><b>Tie-Dye Day! 8</b>  <b>10:00 Roman Catholic Communion (1st Floor NH Lounge)</b>  <b>2:00 - 4:00 Ice Cream Truck! (M)</b>            7:00 Bingo (L)</p>	<p>10:30 Java Music Club (L) <b>9</b>            1:30 Movie Matinee: West Side Story (L)  <b>1:45 Community Outing: Shopper's Drug Mart</b>            3:30 Seated Yoga (L)</p>	<p>10:45 Movement Matters VON (L) <b>10</b>  <b>1:30 Coffee &amp; Chat with MPP Monica Ciriello (M)</b>            2:30 Bingo (L)            3:45 Glamour Circle (M)  <b>7:00 Wine Tasting (M)</b></p>	<p>10:00 Fun With Words (M) <b>11</b>            11:00 Balloon Badminton (3)            1:45 Horse Races (L)  <b>3:30 Iced Teas of the World (M)</b></p>
<p>9:30 Bird Visits (M) <b>12</b>            10:30 Hour of Worship (L)            11:00 Friendly Visits (1/2)            1:45 Sing-a-Long (3)            3:30 Movement Matters with Recreation (L)</p>	<p><b>Blue &amp; Yellow Day! 13</b>            10:45 Movement Matters VON (L)  <b>2:00 Birthday Party with John Staley (M)</b>            3:30 Bingo (L)</p>	<p><b>Hawaiian Shirt Day! 14</b>            10:45 Movement Matters VON (L)            2:00 Chocolate Bar Bingo (3)            3:30 Walker's Group (M)            7:00 Tropical Drinks &amp; Cards on the Patio (L)</p>	<p><b>Cruise Day! 15</b>            10:00 Cruise Theme Brain Games (M)  <b>1:30 Resident Council &amp; Food Committee (L)</b>            3:30 Seated Yoga (L)</p>	<p><b>Flamingo Day! 16</b>            1:45 Bingo (L)            3:30 Seated Yoga (L)            7:00 You Be the Judge (M)</p>	<p><b>Beach Day! 17</b>            10:45 Movement Matters (L)            1:30 Movie Matinee: Thelma &amp; Louise (L)  <b>1:45 Community Outing: Walmart</b>            3:30 Glamour Circle (M)  <b>7:00 Beach Day Party with Jeff Dawdy (M)</b></p>	<p>10:00 NYT Games &amp; Crosswords (L) <b>18</b>            11:00 Sing-a-Long (3)            1:45 Horse Races (L)            3:30 Teas of the World (M)</p>



# July 2026

## Retirement Recreation Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Soccer Jersey Day! 19</b> 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) <b>2:30 Fifa World Cup Final Party! (L)</b> 3:30 Hymn Sing (3) <b>7:00 Cornerstone Church Service (M)</b>	<b>Soccer Jersey Day! 20</b> 10:45 Movement Matters VON (L) 1:45 Bingo (L) 3:30 Dinner Party Planning (M)	10:45 Movement Matters VON (L) <b>21</b> 2:00 Chocolate Bar Bingo (3) 3:30 Book Club: Poetry (L) <b>5:00 Meal Club: Pizza and Wings (M)</b>	<b>10:00 Entertainment with Susie Q (M) 22</b> <b>10:00 Catholic Mass (1st Floor NH Lounge)</b> <b>12:30 Outing: Lunch at Hutches</b> 3:00 Glamour Circle (3) 3:30 Seated Yoga (L)	10:30 Java Music Club (L) <b>23</b> 1:45 Bingo (L) <b>3:00 Baseball &amp; Booze: Blue Jays vs. Red Sox! (L)</b>	10:45 Movement Matters VON (L) <b>24</b> 1:30 Movie Matinee: 500 Days of Summer (L) <b>1:45 Outing: Summit Station Dairy</b> 3:30 Glamour Circle (M) <b>7:00 Entertainment with Sean Bienhaus (M)</b>	10:00 You Be The Judge (M) <b>25</b> 11:00 Balloon Badminton (3) 1:45 Horse Races (L) 3:30 Teas of the World (M)
9:30 Bird Visits (M) <b>26</b> 10:30 Hour of Worship (L) 11:00 Friendly Visits (1/2) 1:45 Chicken Soup for the Soul Short Stories (M) 3:30 Movement Matters with Recreation (L)	10:45 Movement Matters VON (L) <b>27</b> 1:45 Bingo (L) 3:30 Java Time (3)	10:45 Movement Matters VON (L) <b>28</b> 2:00 Chocolate Bar Bingo (3) 3:30 Walker's Group (M) 7:00 Chicken Soup for the Soul Short Stories (M)	10:00 Brain Games (M) <b>29</b> 1:30 Movie Matinee: Wuthering Heights (L) 3:30 Seated Yoga (L)	<b>Multicultural Day! 30</b> <b>2:00 Foods of the World (M)</b> 3:30 Seated Yoga (L) 7:00 You Be the Judge (M)	10:45 Movement Matters VON (L) <b>31</b> <b>11:00 Outing: Port Dover</b> 1:45 Bingo (L) 3:30 Glamour Circle (M) <b>7:00 Pub Night with The Good time Guys (M)</b>	



**All programs are subject to change and will be posted on the Program boards.**

**Please sign up for Outings and Meal Club at Reception or by contacting Recreation at ext. 117**