



October 2026

1st Floor Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Legend: 1 - 1st Floor 2 - 2nd Floor L - Lower Level Activity Area				10:00 Exercise Group with Physio 1 10:00 Travelling Library Cart 2:00 Prize Bingo (1) 2:30 Oktoberfest Craft! 7:00 Inspiration and Gratitude Circle	Oktoberfest! 2 10:30 Prize Bingo 2:00 Oktoberfest Beer Pong! 3:00 Multisensory Visits 7:00 Oktoberfest: Pretzel Toss	10:00 Prayer Circle 3 2:00 Chocolate Bar Bingo (2) 7:00 Group Crossword Puzzle
10:00 Hymn Sing 4 2:00 Bowling 7:00 Name that Tune	10:00 Exercise Group 5 11:00 Rosary 2:00 Chocolate Bar Bingo (2) 2:00 Bazaar Baking 7:00 Hangman	Breast Cancer Awareness! 6 10:00 Views of the Day 1:45 Outing: Indoor Golf Driving Range! 2:00 Bazaar Craft 3:00 Dancing Feet (2) 7:00 Sing-A-Long	10:00 Java Music Club 7 12:30 Outing: Walmart & Lunch! 2:30 Cooking Club: Hawaiian Loco Moco 3:00 Horse Races (1) 7:00 Fact or Fiction Trivia	10:00 Exercise Group with Physio 8 2:30 Bazaar Craft with Theo! 2:30 Chocolate Bar Bingo (1) 7:00 You Be the Judge (M)	10:00 Seated Stretches 9 2:00 Pumpkin Bottle Knockdown 2:00 Pamper and Polish 3:00 Multisensory Visits 7:00 Football Night: Ticats vs Elks	World Mental Health Day 10 10:00 Prayer Circle 2:00 Chocolate Bar Bingo (1) 7:00 Group Crossword Puzzle
10:00 Hymn Sing 11 2:00 Bocce Ball 7:00 Finish the Line/Lyrics	Thanksgiving Day! 12 10:00 Exercise Group 11:00 Rosary 2:00 Prize Bingo (2) 2:30 Thanksgiving Gratitude Craft 7:00 Thanksgiving Word Games	10:00 Resident Council 13 11:00 Bazaar Craft 2:00 Dancing Feet (2) 2:00 Bazaar Baking 7:00 Trivia Night (1)	10:00 Java Music Club 14 2:00 Birthday Party with Aidan P! 3:00 Pamper and Polish 3:00 Garden Club 7:00 Cards & Board Games Night	Black and Orange Day! 15 10:00 Exercise Group with Physio 2:00 Travelling Library Cart 2:00 Prize Bingo (1) 7:00 Hockey Night: Leafs vs Sabres!	10:30 Prize Bingo 16 2:00 Bowling(1) 2:00 Outing: Bennett's! 3:00 Multisensory Visits 7:00 Wine Tasting	10:00 Prayer Circle 17 2:00 Chocolate Bar Bingo (2) 7:00 Group Crossword Puzzle



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10:00 Hymn Sing 18 2:00 Bowling 7:00 Name that Tune	10:00 Exercise Group 19 11:00 Rosary 2:00 Chocolate Bar Bingo (2) 2:00 Bazaar Baking 2:00 Outing: Fall Scenic Drive! 7:00 Hangman	10:00 Views of the Day 20 12:30 Meal Club: Urban Cafe 2:00 Dancing Feet (2) 2:00 Bazaar Craft 7:00 Sing-A-Long	Spooky Shirt/Scrub Day! 21 10:00 Java Music Club 1:45 Outing: Mum Show! 2:00 Bocce Ball 3:00 Pamper and Polish 7:00 Finish the lines/lyrics	Spooky Shirt/Scrub Day! 22 10:00 Exercise Group with Physio 10:00 Bazaar Baking 2:00 Chocolate Bar Bingo (1) 2:30 Autumn Craft! 7:00 Spooky Stories	10:00 Movin' N' Groovin' 23 2:00 Bowling (1) 2:00 Piano Sing-a-long with Eissa! 3:00 Multisensory Visits 7:00 Entertainment with John Staley!	10:00 Prayer Circle 24 2:00 Chocolate Bar Bingo (1) 7:00 Group Crossword Puzzle
10:00 Hymn Sing 25 2:00 Trick or Treating! 7:00 Fact or Fiction Trivia (1)	Pumpkin Day! 26 10:00 Exercise Group 11:00 Rosary 1:00 Voting - Municipal Election (Lower Level RH) 7:00 Pumpkin Decorating!	10:00 Outing: Broadway Diner! 27 10:15 Art Class with Susan! 2:00 Prize Bingo (2) 7:00 Pumpkin Carving Night!	10:00 Catholic Mass 28 2:00 Horse Races (1) 2:30 Bazaar Baking 3:00 Pamper and Polish 6:30 Spiritual Sessions with Mountain Ministries (1)	10:00 Exercise Group with Physio 29 10:00 Travelling Library Cart 2:00 Prize Bingo (1) 2:00 Halloween Baking with Theo! 7:00 Courtyard Pumpkin Walk	Halloween Costume Day! 30 10:30 Prize Bingo 2:00 Halloween Costume Contest! 3:00 Multisensory Visits 7:00 Halloween Party with Vili V!	Halloween Costume Day! 31 10:00 Prayer Circle 2:00 Halloween Party! 7:00 Halloween Movie Night
	All programs are subject to change and will be posted on the Program boards. To sign up for outings, please contact Miranda Gamelin, Programs Manager at ext. 117 Pumpkins for sale for \$5 for staff and families (free for residents) for our pumpkin contest! Contact Miranda gamelin, program manager for details & how to participate! 905-385-2111 ext. 117					